

NOVEMBER 2023

NEWCOMB CENTRAL SCHOOL

Monday

Tuesday

Wednesday

Thursday

Friday



6
FF, 1% White or Choc. Milk 8oz
Cottage Cheese (4oz), Fruit (=8oz)
Salad Bar = (4oz)
Spinach Lasagna
WG Dinner Roll

7
FF, 1% White or Choc. Milk 8oz
Cottage Cheese (4oz), Fruit (=8oz)
Vegetables/Salad Bar = (4oz)
Beef Tacos
Brown Rice

8
FF, 1% White or Choc. Milk 8oz
Cottage Cheese (4oz), Fruit (=8oz)
Vegetables/Salad Bar = (4oz)
Vegetable Soup,
Deli Ham & Cheese Sandwich

9
Veterans' luncheon
FF, 1% White or Choc. Milk 8oz
Cottage Cheese (4oz), Fruit (=8oz)
Turkey & Gravy, Mashed Potatoes,
Dressing, Swt Cabbage Salad,
Cranberry Jelly, Roll
Pumpkin Cake

10
NO SCHOOL
Veterans Day

13
FF, 1% White or Choc. Milk 8oz
Cottage Cheese (4oz), Fruit (=8oz)
Broccoli = (4oz)
Italian Dunkers

14
FF, 1% White or Choc. Milk 8oz
Cottage Cheese (4oz), Fruit (=8oz)
Vegetables/Salad Bar = (4oz)
Sloppy Nachos
Brown Rice

15
FF, 1% White or Choc. Milk 8oz
Cottage Cheese (4oz), Fruit (=8oz)
Vegetables/Salad Bar = (4oz)
Chicken and Gravy over
Cheddar Biscuits

16
FF, 1% White or Choc. Milk 8oz
Cottage Cheese (4oz), Fruit (=8oz)
Salad Bar = (4oz)
Porcupine Balls w/sauce
Mashed Potatoes, WG Roll

17
FF, 1% White or Choc. Milk 8oz
Cottage Cheese (4oz), Fruit (=8oz)
Coleslaw = (4oz)
BBQ Pork w/Cheese Sandwich
Sweet Potato Fries

20
FF, 1% White or Choc. Milk 8oz
Cottage Cheese (4oz), Fruit (=8oz)
White Pizza w/ Broccoli

21
FF, 1% White or Choc. Milk 8oz
Cottage Cheese (4oz), Fruit (=8oz)
Vegetables/Salad Bar = (4oz)
Beef & Bean Enchilada Bake
Brown Rice

22
NO SCHOOL

23
NO SCHOOL
Thanksgiving

24
NO SCHOOL

27
FF, 1% White or Choc. Milk 8oz
Cottage Cheese (4oz), Fruit (=8oz)
Roasted Brussel Speouts = (4oz)
WG Macaroni & Cheese

28
FF, 1% White or Choc. Milk 8oz
Cottage Cheese (4oz), Fruit (=8oz)
Vegetables/Salad Bar = (4oz)
Chicken Quesadillas
Brown Rice

29
FF, 1% White or Choc. Milk 8oz
Cottage Cheese (4oz), Fruit (=8oz)
Vegetables/Salad Bar = (4oz)
Broccoli Cheddar Soup,
Grilled Ham & Cheese Sandwich

30
FF, 1% White or Choc. Milk 8oz
Cottage Cheese (4oz), Fruit (=8oz)
Salad Bar = (4oz)
Baked Ziti w/ Meat & Cheese
WG Dinner Roll



LUNCH ALTERNATIVE DAILY: Whole Grain Sandwich, Milk, Fruit, Vegetable and Cheese Stick. In the operation of National School Food Programs, no child will be discriminated against because of race, color, national origin, age or disability. If you believe you have been discriminated against, write immediately to the Department of Agriculture. Please note that our menu is subject to change based on availability of food items