

NOVEMBER 2023

NEWCOMB CENTRAL SCHOOL

Monday

Tuesday

Wednesday

Thursday

Friday



6
 Oatmeal
 OR Cereal
 FF or 1% White Milk 8oz
 100% Fruit Juice & Fruit (=8oz)
 Yogurt 4oz & WG Muffin 2oz

7
 WG Husky Sandwich
 OR Cereal
 FF or 1% White Milk 8oz
 100% Fruit Juice & Fruit (=8oz)
 Yogurt 4oz & WG Muffin 2oz

8
 WG Bagels W/Crm.Cheese
 OR Cereal
 FF or 1% White Milk 8oz
 100% Fruit Juice & Fruit (=8oz)
 Yogurt 4oz & WG Muffin 2oz

9
 Scrambled Eggs & Cheese
 OR Cereal
 FF or 1% White Milk 8oz
 100% Fruit Juice & Fruit (=8oz)
 Yogurt 4oz & WG Muffin 2oz

10
 NO SCHOOL
 Veterans Day
 Observed

13
 Oatmeal
 OR Cereal
 FF or 1% White Milk 8oz
 100% Fruit Juice & Fruit (=8oz)
 Yogurt 4oz & WG Muffin 2oz

14
 WG Husky Sandwich
 OR Cereal
 FF or 1% White Milk 8oz
 100% Fruit Juice & Fruit (=8oz)
 Yogurt 4oz & WG Muffin 2oz

15
 WG Bagels W/Crm.Cheese
 OR Cereal
 FF or 1% White Milk 8oz
 100% Fruit Juice & Fruit (=8oz)
 Yogurt 4oz & WG Muffin 2oz

16
 Egg Bowl
 OR Cereal
 FF or 1% White Milk 8oz
 100% Fruit Juice & Fruit(=8oz)
 Yogurt 4oz & WG Muffin 2oz

17
 WG Fr Toast & Sausage
 OR Cereal
 FF or 1% White Milk 8oz
 100% Fruit Juice & Fruit (=8oz)
 Yogurt 4oz & WG Muffin 2oz

20
 Oatmeal
 OR Cereal
 FF or 1% White Milk 8oz
 100% Fruit Juice & Fruit (=8oz)
 Yogurt 4oz & WG Muffin 2oz

21
 WG Husky Sandwich
 OR Cereal
 FF or 1% White Milk 8oz
 100% Fruit Juice & Fruit (=8oz)
 Yogurt 4oz & WG Muffin 2oz

22
 NO SCHOOL

23
 NO SCHOOL
 Thanksgiving

24
 NO SCHOOL

27
 Oatmeal
 OR Cereal
 FF or 1% White Milk 8oz
 100% Fruit Juice & Fruit (=8oz)
 Yogurt 4oz & WG Muffin 2oz

28
 WG Husky Sandwich
 OR Cereal
 FF or 1% White Milk 8oz
 100% Fruit Juice & Fruit (=8oz)
 Yogurt 4oz & WG Muffin 2oz

29
 WG Bagels W/Crm.Cheese
 OR Cereal
 FF or 1% White Milk 8oz
 100% Fruit Juice & Fruit (=8oz)
 Yogurt 4oz & WG Muffin 2oz

30
 Egg Bites W/
 Spinach & Cheese
 OR Cereal
 FF or 1% White Milk 8oz
 100% Fruit Juice & Fruit (=8oz)
 Yogurt 4oz & WG Muffin 2oz

30
 Egg Bites W/
 Spinach & Cheese
 OR Cereal
 FF or 1% White Milk 8oz
 100% Fruit Juice & Fruit (=8oz)
 Yogurt 4oz & WG Muffin 2oz



A Breakfast Alternative is served daily. Each Breakfast must contain; 8oz of Fruit +/-or 100% Fruit Juice, 2oz Meat or alternative, 2oz Grain. In the operation of National School Food Programs, no child will be discriminated against because of race, color, national origin, age or disability. If you believe you have been discriminated against, write immediately to the Department of Agriculture. Please note that our menu is subject to change based on availability of food items.