

SEPTEMBER 2023 NEWCOMB CENTRAL

Monday

Tuesday

Wednesday

Thursday

Friday



**NO SCHOOL
LABOR DAY**

FF, 1% White or Choc. Milk 8oz
Cottage Cheese (4oz), Fruit (=8oz)
Vegetables/Salad Bar = (4oz)
Sloppy Nachos
Brown Rice

FF, 1% White or Choc. Milk 8oz
Cottage Cheese (4oz), Fruit (=8oz)
Vegetables/Salad Bar = (4oz)
Chicken w/ Rice Soup
Grilled Cheese Sandwich

FF, 1% White or Choc. Milk 8oz
Cottage Cheese (4oz), Fruit (=8oz)
Salad Bar = (4oz)
Porcupine Balls w/sauce
Mashed Potatoes, WG Roll

NO SCHOOL

FF, 1% White or Choc. Milk 8oz
Cottage Cheese (4oz), Fruit (=8oz)
Broccoli = (4oz)
Cheese or White Pizza w/Broccoli

FF, 1% White or Choc. Milk 8oz
Cottage Cheese (4oz), Fruit (=8oz)
Vegetables/Salad Bar = (4oz)
Enchilada Bake
Brown Rice

FF, 1% White or Choc. Milk 8oz
Cottage Cheese (4oz), Fruit (=8oz)
Vegetables/Salad Bar = (4oz)
Corn Chowder
Corn Bread

FF, 1% White or Choc. Milk 8oz
Cottage Cheese (4oz), Fruit (=8oz)
Salad Bar = (4oz)
Baked Ziti w/ Meat & Cheese
WG Dinner Roll

FF, 1% White or Choc. Milk 8oz
Cottage Cheese (4oz), Fruit (=8oz)
Peas = (4oz)
Fish Burger w/ Cheese
Sweet Potato Fries

FF, 1% White or Choc. Milk 8oz
Cottage Cheese (4oz), Fruit (=8oz)
Broccoli = (4oz)
WG Macaroni & Cheese

FF, 1% White or Choc. Milk 8oz
Cottage Cheese (4oz), Fruit (=8oz)
Vegetables/Salad Bar = (4oz)
Chicken Quesadillas
Brown Rice

FF, 1% White or Choc. Milk 8oz
Cottage Cheese (4oz), Fruit (=8oz)
Vegetables/Salad Bar = (4oz)
Vegetable Barley Soup
Open Face Cheese & Bacon on Roll

FF, 1% White or Choc. Milk 8oz
Cottage Cheese (4oz), Fruit (=8oz)
Salad Bar = (4oz)
Lasagna
WG Dinner Roll

FF, 1% White or Choc. Milk 8oz
Cottage Cheese (4oz), Fruit (=8oz)
Coleslaw = (4oz)
BBQ Pork w/Cheese Sandwich
Sweet Potato Fries

FF, 1% White or Choc. Milk 8oz
Cottage Cheese (4oz), Fruit (=8oz)
Broccoli = (4oz)
Italian Dunkers

FF, 1% White or Choc. Milk 8oz
Cottage Cheese (4oz), Fruit (=8oz)
Vegetables/Salad Bar = (4oz)
Walking Tacos
Brown Rice

FF, 1% White or Choc. Milk 8oz
Cottage Cheese (4oz), Fruit (=8oz)
Vegetables/Salad Bar = (4oz)
Sweet Potato/Squash Soup
Chicken Bacon Ranch Wrap

FF, 1% White or Choc. Milk 8oz
Cottage Cheese (4oz), Fruit (=8oz)
Salad Bar = (4oz)
Chicken Parmesan w/ Sauce
Pasta , WG Dinner Roll

**NO SCHOOL
SUPERINTENDENT
CONFERENCE DAY**

LUNCH ALTERNATIVE DAILY: Whole Grain Sandwich, Milk, Fruit, Vegetable and Cheese Stick. In the operation of National School Food Programs, no child will be discriminated against because of race, color, national origin, age or disability. If you believe you have been discriminated against, write immediately to the Department of Agriculture. Please note that our menu is subject to change based on availability of food items.