

SEPTEMBER 2023

NEWCOMB CENTRAL SCHOOL

Monday

Tuesday

Wednesday

Thursday

Friday



4
 NO SCHOOL
 LABOR DAY

5
 WG Husky Sandwich
 OR Cereal
 FF or 1% White Milk 8oz
 100% Fruit Juice & Fruit (=8oz)
 Yogurt 4oz & WG Muffin 2oz

6
 WG Bagels W/Crm.Cheese
 OR Cereal
 FF or 1% White Milk 8oz
 100% Fruit Juice & Fruit (=8oz)
 Yogurt 4oz & WG Muffin 2oz

7
 Scrambled Eggs W/Cheese
 OR Cereal
 FF or 1% White Milk 8oz
 100% Fruit Juice & Fruit (=8oz)
 Yogurt 4oz & WG Muffin 2oz

1
 NO SCHOOL

8
 WG Waffles & Sausage
 OR Cereal
 FF or 1% White Milk 8oz
 100% Fruit Juice & Fruit (=8oz)
 Yogurt 4oz & WG Muffin 2oz

11
 WG Husky Sandwich
 OR Cereal
 FF or 1% White Milk 8oz
 100% Fruit Juice & Fruit (=8oz)
 Yogurt 4oz & WG Muffin 2oz

12
 Oatmeal
 OR Cereal
 FF or 1% White Milk 8oz
 100% Fruit Juice & Fruit (=8oz)
 Yogurt 4oz & WG Muffin 2oz

13
 WG Bagels W/Crm.Cheese
 OR Cereal
 FF or 1% White Milk 8oz
 100% Fruit Juice & Fruit (=8oz)
 Yogurt 4oz & WG Muffin 2oz

14
 Egg Bowl
 OR Cereal
 FF or 1% White Milk 8oz
 100% Fruit Juice & Fruit(=8oz)
 Yogurt 4oz & WG Muffin 2oz

15
 WG Pancakes & Sausage
 OR Cereal
 FF or 1% White Milk 8oz
 100% Fruit Juice & Fruit (=8oz)
 Yogurt 4oz & WG Muffin 2oz

18
 WG Husky Sandwich
 OR Cereal
 FF or 1% White Milk 8oz
 100% Fruit Juice & Fruit (=8oz)
 Yogurt 4oz & WG Muffin 2oz

19
 Sausage Gravy & Biscuits
 OR Cereal
 FF or 1% White Milk 8oz
 100% Fruit Juice & Fruit (=8oz)
 Yogurt 4oz & WG Muffin 2oz

20
 WG Bagels W/Crm.Cheese
 OR Cereal
 FF or 1% White Milk 8oz
 100% Fruit Juice & Fruit (=8oz)
 Yogurt 4oz & WG Muffin 2oz

21
 Egg Bites W/Spinach&Cheese
 OR Cereal
 FF or 1% White Milk 8oz
 100% Fruit Juice & Fruit (=8oz)
 Yogurt 4oz & WG Muffin 2oz

22
 WG Fr.Toast & Sausage
 OR Cereal
 FF or 1% White Milk 8oz
 100% Fruit Juice & Fruit (=8oz)
 Yogurt 4oz & WG Muffin 2oz

25
 WG Husky Sandwich
 OR Cereal
 FF or 1% White Milk 8oz
 100% Fruit Juice & Fruit (=8oz)
 Yogurt 4oz & WG Muffin 2oz

26
 Pigs in a Blanket
 OR Cereal
 FF or 1% White Milk 8oz
 100% Fruit Juice & Fruit (=8oz)
 Yogurt 4oz & WG Muffin 2oz

27
 WG Bagels W/Crm.Cheese
 OR Cereal
 FF or 1% White Milk 8oz
 100% Fruit Juice & Fruit (=8oz)
 Yogurt 4oz & WG Muffin 2oz

28
 Scrambled Eggs W/Cheese
 OR Cereal
 FF or 1% White Milk 8oz
 100% Fruit Juice & Fruit (=8oz)
 Yogurt 4oz & WG Muffin 2oz

29
 NO SCHOOL
 SUPERINTENDENT
 CONFERENCE DAY

A Breakfast Alternative is served daily. Each Breakfast must contain; 8oz of Fruit +/-or 100% Fruit Juice, 2oz Meat or alternative, 2oz Grain. In the operation of National School Food Programs, no child will be discriminated against because of race, color, national origin, age or disability. If you believe you have been discriminated against, write immediately to the Department of Agriculture. Please note that our menu is subject to change based on availability of food items.