BREAKFAST

MAY 2023 NEWCOMB CENTRAL

Cafeteria Manager: Ellie Yandon evandon@newcombcsd.org (518)582-3341 Ext #1021

Monday Milk, Yogurt Oatmeal or Cereal Whole Grain Muffin Fruit, Juice Milk, Yogurt Sausage Gravy & Biscuits or Cereal Whole Grain Muffin Fruit, Juice

Milk, Yogurt

Quiche Bake

or Cereal

Whole Grain Muffin

Fruit, Juice

Milk, Yogurt

Oatmeal or Cereal

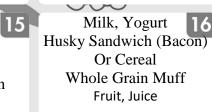
Whole Grain Muffin

Fruit, Juice

Milk, Yogurt Husky Sandwich (Bacon) Or Cereal Whole Grain Muff Eruit Juica

Tuesday

Fruit, Juice
AMILINALLE I
Milk, Yogurt 9
Husky Sandwich (Bacon)
Or Cereal
Whole Grain Muff
Fruit Juice



2	Milk, Yogurt 2
_	Husky Sandwich (Bacor
	Or Cereal
	Whole Grain Muff
	Fruit, Juice

29 Milk, Yogurt 30 NO SCHOOL Or Cereal **MEMORIAL DAY** Whole Grain Muff **HOLIDAY** Fruit, Juice

Wednesday

Milk, Yogurt Bagels & Cream Cheese or Cereal Whole Grain Muffins Fruit, Juice

Milk, Yogurt Bagels & Cream Cheese or Cereal Whole Grain Muffins Fruit, Juice

Milk, Yogurt Bagels & Cream Cheese or Cereal Whole Grain Muffins Fruit. Juice

Milk, Yogurt Bagels & Cream Cheese or Cereal Whole Grain Muffins Fruit, Juice

1 1 1 / / Milk, Yogurt Husky Sandwich (Bacon) Bagels & Cream Cheese or Cereal Whole Grain Muffins Fruit, Juice

Friday

Milk, Yogurt Milk, Yogurt Waffles & Sausage Breakfast Egg Bowl Or Cereal Or Cereal Whole Grain Muffins Whole Grain Muffins Fruit, Juice Fruit, Juice

Thursday

Milk, Yogurt

Scrambled Eggs

Or Cereal

Whole Grain Muffins

Fruit, Juice

Milk, Yogurt

Breakfast Egg Bowl

Or Cereal

Whole Grain Muffins

Fruit, Juice

Milk, Yogurt Milk, Yogurt Scrambles Eggs &Cheese Pancakes & Sausage Or Cereal Or Cereal Whole Grain Muffins Whole Grain Muffins Fruit, Juice Fruit, Juice

> Milk, Yogurt French toast Sticks & Sausage Or Cereal Whole Grain Muffins Fruit, Juice

Milk, Yogurt Waffles & Sausage Or Cereal Whole Grain Muffins Fruit, Juice

Breakfast Alternative Daily: Cereal, Milk, Fruit, Juice, Yogurt and Whole Grain Muffin. In the operation of National School Food Programs, no child will be discriminated against because of race, color, national origin, age or disability. If you believe you have been discriminated against, write immediately to the Department of Agriculture. Please note that our menu is subject to change based on availability of food items.