

MAY 2023

NEWCOMB CENTRAL

Cafeteria Manager: Ellie Yandon
eyandon@newcombcasd.org
 (518)582-3341 Ext #1021

Monday

Tuesday

Wednesday

Thursday

Friday

1
 Milk, Yogurt
 Oatmeal or Cereal
 Whole Grain Muffin
 Fruit, Juice

2
 Milk, Yogurt
 Husky Sandwich (Bacon)
 Or Cereal
 Whole Grain Muff
 Fruit, Juice

3
 Milk, Yogurt
 Bagels & Cream Cheese or
 Cereal
 Whole Grain Muffins
 Fruit, Juice

4
 Milk, Yogurt
 Breakfast Egg Bowl
 Or Cereal
 Whole Grain Muffins
 Fruit, Juice

5
 Milk, Yogurt
 Waffles & Sausage
 Or Cereal
 Whole Grain Muffins
 Fruit, Juice

8
 Milk, Yogurt
 Sausage Gravy & Biscuits
 or Cereal
 Whole Grain Muffin
 Fruit, Juice

9
 Milk, Yogurt
 Husky Sandwich (Bacon)
 Or Cereal
 Whole Grain Muff
 Fruit, Juice

10
 Milk, Yogurt
 Bagels & Cream Cheese or
 Cereal
 Whole Grain Muffins
 Fruit, Juice

11
 Milk, Yogurt
 Scrambles Eggs & Cheese
 Or Cereal
 Whole Grain Muffins
 Fruit, Juice

12
 Milk, Yogurt
 Pancakes & Sausage
 Or Cereal
 Whole Grain Muffins
 Fruit, Juice

15
 Milk, Yogurt
 Quiche Bake
 or Cereal
 Whole Grain Muffin
 Fruit, Juice

16
 Milk, Yogurt
 Husky Sandwich (Bacon)
 Or Cereal
 Whole Grain Muff
 Fruit, Juice

17
 Milk, Yogurt
 Bagels & Cream Cheese or
 Cereal
 Whole Grain Muffins
 Fruit, Juice

18
 Milk, Yogurt
 Scrambled Eggs
 Or Cereal
 Whole Grain Muffins
 Fruit, Juice

19
 Milk, Yogurt
 French toast Sticks &
 Sausage
 Or Cereal
 Whole Grain Muffins
 Fruit, Juice

22
 Milk, Yogurt
 Oatmeal or Cereal
 Whole Grain Muffin
 Fruit, Juice

23
 Milk, Yogurt
 Husky Sandwich (Bacon)
 Or Cereal
 Whole Grain Muff
 Fruit, Juice

24
 Milk, Yogurt
 Bagels & Cream Cheese or
 Cereal
 Whole Grain Muffins
 Fruit, Juice

25
 Milk, Yogurt
 Breakfast Egg Bowl
 Or Cereal
 Whole Grain Muffins
 Fruit, Juice

26
 Milk, Yogurt
 Waffles & Sausage
 Or Cereal
 Whole Grain Muffins
 Fruit, Juice

29
 NO SCHOOL
 MEMORIAL DAY
 HOLIDAY

30
 Milk, Yogurt
 Husky Sandwich (Bacon)
 Or Cereal
 Whole Grain Muff
 Fruit, Juice

31
 Milk, Yogurt
 Bagels & Cream Cheese or
 Cereal
 Whole Grain Muffins
 Fruit, Juice

Breakfast Alternative Daily: Cereal, Milk, Fruit, Juice, Yogurt and Whole Grain Muffin. In the operation of National School Food Programs, no child will be discriminated against because of race, color, national origin, age or disability. If you believe you have been discriminated against, write immediately to the Department of Agriculture. Please note that our menu is subject to change based on availability of food items.