

MARCH 2023 NEWCOMB CENTRAL

Cafeteria Manager: Ellie Yandon evandon@newcombcsd.org (518)582-3341 Ext #1021

Monday	Tuesday	Wednesday	Thursday	Friday
		Milk, Yogurt Bagels & Cream Cheese or Cereal Whole Grain Muffins Fruit, Juice	Milk , Yogurt, Fruit, Juice Breakfast Bowl (eggs, hash browns, cheese, sausage, peppers, onion) ,or Cereal Whole Grain Muffin	Milk, Yogurt French toast Sticks & Sausage Or Cereal Whole Grain Muffins Fruit, Juice
Milk, Yogurt Oatmeal or Cereal Whole Grain Muffin Fruit, Juice	Milk, Yogurt Husky Sandwich (Bacon) Or Cereal Whole Grain Muff Fruit, Juice	Milk, Yogurt Bagels & Cream Cheese or Cereal Whole Grain Muffins Fruit, Juice	Milk, Yogurt Egg Quiche Bake or Cereal Whole Grain Muffin Fruit, Juice	Milk, Yogurt Waffles & Sausage Or Cereal Whole Grain Muffins Fruit, Juice
Milk, Yogurt Oatmeal or Cereal Whole Grain Muffin Fruit, Juice	Milk, Yogurt Husky Sandwich (Bacon) Or Cereal Whole Grain Muff Fruit, Juice	Milk, Yogurt Bagels & Cream Cheese or Cereal Whole Grain Muffins Fruit, Juice	Milk, Yogurt Scrambled Eggs & Cheese Or Cereal Whole Grain Muffin Fruit, Juice	Milk, Yogurt Pancakes & Sausage Or Cereal Whole Grain Muffins Fruit, Juice
Milk, Yogurt Oatmeal or Cereal Whole Grain Muffin Fruit, Juice		Milk, Yogurt 22 Bagels & Cream Cheese or Cereal Whole Grain Muffins Fruit, Juice	Milk , Yogurt, Fruit, Juice Breakfast Bowl (eggs, hash browns, cheese, sausage, peppers, onion) ,or Cereal Whole Grain Muffin	Milk, Yogurt French toast Sticks & Sausage Or Cereal Whole Grain Muffins Fruit, Juice
Milk, Yogurt Oatmeal or Cereal Whole Grain Muffin Fruit, Juice	Milk, Yogurt 28 Husky Sandwich (Bacon) Or Cereal Whole Grain Muff Fruit, Juice	Milk, Yogurt 29 Bagels & Cream Cheese or Cereal Whole Grain Muffins Fruit, Juice	Milk, Yogurt Egg Quiche Bake or Cereal Whole Grain Muffin Fruit, Juice	Milk, Yogurt Waffles & Sausage Or Cereal Whole Grain Muffins Fruit, Juice

Breakfast Alternative Daily: Cereal, Milk, Fruit, Juice, Yogurt and Whole Grain Muffin. In the operation of National School Food Programs, no child will be discriminated against because of race, color, national origin, age or disability. If you believe you have been discriminated against, write immediately to the Department of Agriculture. Please note that our menu is subject to change based on availability of food items.