

# FEBRUARY 2023

## NEWCOMB CENTRAL SCHOOL

Cafeteria Manager: Ellie Yandon  
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 (518)582-3341 Ext #1021

LUNCH

Monday



Milk 1%, FF **6**  
 Cottage Cheese, Fruit  
 Mac & Cheese  
 Hot Dog & Bun  
 Roasted Broccoli

Milk 1%, FF **13**  
 Cottage Cheese, Fruit  
 Italian Dunkers,  
 Green Beans

NO SCHOOL  
 HOLIDAY

Milk 1%, FF **27**  
 Cottage Cheese, Fruit  
 Cheese PIZZA  
 Broccoli & Ranch

Tuesday



Milk 1%, FF **7**  
 Cottage Cheese, Fruit  
 Brown Rice Bar  
 (Chipotle Style/Pork)  
 Salad Bar

Milk 1%, FF **14**  
 Cottage Cheese, Fruit  
 Enchilada Bake  
 Brown Rice  
 Salad Bar

NO SCHOOL  
 WINTER BREAK

Milk 1%, FF **28**  
 Cottage Cheese, Fruit  
 Sloppy Nachos  
 Beans & Brown Rice  
 Salad Bar

Wednesday

Milk 1%, FF **1**  
 Cottage Cheese, Fruit  
 Corn Chowder  
 Grilled cheese sandwich  
 Salad Bar

Milk 1%, FF **8**  
 Cottage Cheese, Fruit  
 Chili & Corn Bread  
 Salad Bar

Milk 1%, FF **15**  
 Cottage Cheese, Fruit  
 Broccoli Cheddar Soup  
 Bread Bowl  
 Salad Bar

NO SCHOOL  
 WINTER BREAK



Thursday

Milk 1%, FF, **2**  
 Cottage Cheese, Fruit,  
 Spinach Lasagna,  
 Roll w/Butter  
 Salad Bar

MILK 1%, FF **9**  
 Cottage Cheese, Fruit  
 Chicken Alfredo, Pasta,  
 Roll  
 Salad Bar

Milk 1%, FF **16**  
 Cottage Cheese, Fruit  
 Porcupine Balls, Roll  
 Mash Pots & Sauce  
 Salad Bar

NO SCHOOL  
 WINTER BREAK



Friday

Milk 1%, FF **3**  
 Cottage Cheese, Fruit  
 Chicken Stew, Baking power  
 Biscuits

Milk 1%, FF **10**  
 Cottage Cheese, Fruit  
 Fish Patty w/ Bun & Cheese  
 Sweet Potato Fries  
 Beets

Milk 1%, FF **17**  
 Cottage Cheese, Fruit  
 Chicken Nuggets  
 Sweet Potato Fries  
 Carrots & Ranch

NO SCHOOL  
 WINTER BREAK



**LUNCH ALTERNATIVE DAILY: Whole Grain Sandwich, Milk, Fruit, Vegetable and Cheese Stick. In the operation of National School Food Programs, no child will be discriminated against because of race, color, national origin, age or disability. If you believe you have been discriminated against, write immediately to the Department of Agriculture. Please note that our menu is subject to change based on availability of food items.**