

FEBRUARY 2023

NEWCOMB CENTRAL SCHOOL

Cafeteria Manager: Ellie Yandon

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(518)582-3341 Ext #1021

BREAKFAST

Monday



6

Milk, Yogurt
Oatmeal or Cereal
Whole Grain Muffin
Fruit, Juice

Tuesday



7

Milk, Yogurt
Husky Sandwich (Bacon)
Or Cereal
Whole Grain Muff
Fruit, Juice

Wednesday

Milk, Yogurt **1**
Bagels & Cream Cheese or
Cereal
Whole Grain Muffins
Fruit, Juice

1

Thursday

Milk, Yogurt, Fruit, Juice **2**
Breakfast Bowl
(eggs, hash browns, cheese,
sausage, peppers, onion)
, or Cereal
Whole Grain Muffin

2

Friday

Milk, Yogurt **3**
French toast Sticks &
Sausage
Or Cereal
Whole Grain Muffins
Fruit, Juice

3

13

Milk, Yogurt
Oatmeal or Cereal
Whole Grain Muffin
Fruit, Juice

Milk, Yogurt **14**
Husky Sandwich (Bacon)
Or Cereal
Whole Grain Muff
Fruit, Juice

14

Milk, Yogurt **15**
Bagels & Cream Cheese or
Cereal
Whole Grain Muffins
Fruit, Juice

15

Milk, Yogurt **16**
Scrambled Eggs & Cheese
Or Cereal
Whole Grain Muffin
Fruit, Juice

16

Milk, Yogurt **17**
Pancakes &
Sausage
Or Cereal
Whole Grain Muffins
Fruit, Juice

17

20

NO SCHOOL
HOLIDAY

NO SCHOOL
WINTER BREAK

21

NO SCHOOL
WINTER BREAK

22

NO SCHOOL
WINTER BREAK

23

NO SCHOOL
WINTER BREAK

24

27

Milk, Yogurt
Oatmeal or Cereal
Whole Grain Muffin
Fruit, Juice

Milk, Yogurt **28**
Husky Sandwich (Bacon)
Or Cereal
Whole Grain Muff
Fruit, Juice

28



Breakfast Alternative Daily: Cereal, Milk, Fruit, Juice, Yogurt and Whole Grain Muffin. In the operation of National School Food Programs, no child will be discriminated against because of race, color, national origin, age or disability. If you believe you have been discriminated against, write immediately to the Department of Agriculture. Please note that our menu is subject to change based on availability of food items.