

JANUARY 2023

NEWCOMB CENTRAL

Cafeteria Manager: Ellie Yandon
eyandon@newcombcasd.org
 (518)582-3341 Ext #1021

Monday	Tuesday	Wednesday	Thursday	Friday
NO SCHOOL ²	Milk, Yogurt ³ Husky Sandwich (Bacon) Or Cereal Whole Grain Muffin Fruit, Juice	Milk, Yogurt ⁴ Bagels & Cream Cheese or Cereal Whole Grain Muffins Fruit, Juice	Milk, Yogurt ⁵ Egg Quiche Bake or Cereal Whole Grain Muffin Fruit, Juice	Milk, Yogurt ⁶ Pancakes & Sausage Or Cereal Whole Grain Muffins Fruit, Juice
Milk, Yogurt ⁹ Oatmeal or Cereal Whole Grain Muffin Fruit, Juice	Milk, Yogurt ¹⁰ Husky Sandwich (Bacon) Or Cereal Whole Grain Muffin Fruit, Juice	Milk, Yogurt ¹¹ Bagels & Cream Cheese or Cereal Whole Grain Muffins Fruit, Juice	Milk, Yogurt ¹² Scrambled Eggs or Cereal Whole Grain Muffin Fruit, Juice	Milk, Yogurt ¹³ French toast Sticks & Sausage Or Cereal Whole Grain Muffins Fruit, Juice
NO SCHOOL ¹⁶ Martin Luther King Jr. Day	Milk, Yogurt ¹⁷ Husky Sandwich (Bacon) Or Cereal Whole Grain Muffin Fruit, Juice	Milk, Yogurt ¹⁸ Bagels & Cream Cheese or Cereal Whole Grain Muffins Fruit, Juice	Milk, Yogurt, Fruit, Juice ¹⁹ Breakfast Bowl (eggs, hash browns, cheese, sausage, peppers, onion) or Cereal Whole Grain Muffin	Milk, Yogurt ²⁰ Waffles & Sausage Or Cereal Whole Grain Muffins Fruit, Juice
Milk, Yogurt ²³ Oatmeal or Cereal Whole Grain Muffin Fruit, Juice	Milk, Yogurt ²⁴ Husky Sandwich (Bacon) Or Cereal Whole Grain Muffin Fruit, Juice	Milk, Yogurt ²⁵ Bagels & Cream Cheese or Cereal Whole Grain Muffins Fruit, Juice	Milk, Yogurt, Fruit, Juice ²⁶ Sausage Gravy & Biscuits or Cereal Whole Grain Muffin	Milk, Yogurt ²⁷ Pancakes & Sausage Or Cereal Whole Grain Muffins Fruit, Juice
Milk, Yogurt ³⁰ Oatmeal or Cereal Whole Grain Muffin Fruit, Juice	Milk, Yogurt ³¹ Husky Sandwich (Bacon) Or Cereal Whole Grain Muffin Fruit, Juice			

Breakfast Alternative Daily: Cereal, Milk, Fruit, Juice, Yogurt and Whole Grain Muffin. In the operation of National School Food Programs, no child will be discriminated against because of race, color, national origin, age or disability. If you believe you have been discriminated against, write immediately to the Department of Agriculture. Please note that our menu is subject to change based on availability of food items