

# JANUARY 2023 NEWCOMB CENTRAL

Monday	Tuesday	Wednesday	Thursday	Friday
NO SCHOOL <sup>2</sup>	Milk 1%, FF <sup>3</sup> Cottage Cheese, Fruit Brown Rice Bar (Chipotle Style/Pork) Salad Bar	Milk 1%, FF <sup>4</sup> Cottage Cheese, Fruit Chili & Corn Bread Salad Bar	Milk 1%, FF <sup>5</sup> Cottage Cheese, Fruit Porcupine Balls, Roll Mash Pots & Sauce Salad Bar	Milk 1%, FF <sup>6</sup> Cottage Cheese, Fruit Hot Dog w/Bun Mac & Cheese Baked Beans
Milk 1%, FF <sup>9</sup> Cottage Cheese, Fruit Cheese Ravioli & Sauce Dinner Roll Broccoli	Milk 1%, FF <sup>10</sup> Cottage Cheese, Fruit Enchilada Bake Brown Rice Salad Bar	Milk 1%, FF <sup>11</sup> Cottage Cheese, Fruit Chicken Noodle Grilled Cheese Sand Salad Bar	Milk 1%, FF <sup>12</sup> Cottage Cheese, Fruit Chicken Parm, Roll Pasta & Sauce Salad Bar	Milk 1%, FF <sup>13</sup> Cottage Cheese, Fruit Sloppy Joes w/ Bun & Cheese Sweet Potato Fries Green Beans
NO SCHOOL <sup>16</sup> Martin Luther King Jr. Day	Milk 1%, FF <sup>17</sup> Cottage Cheese, Fruit Sloppy Nachos Beans & Brown Rice Salad Bar	Milk 1%, FF <sup>18</sup> Cottage Cheese, Fruit Corn Chowder Grilled cheese sandwich Salad Bar	Milk 1%, FF, <sup>19</sup> Cottage Cheese, Fruit, Spinach Lasagna, Roll w/Butter Salad Bar	Milk 1%, FF, <sup>20</sup> Cottage Cheese, Fruit, BBQ Pork w/Bun & Cheese Cole Slaw
Milk 1%, FF <sup>23</sup> Cottage Cheese, Fruit Italian Dunkers, Green Beans	Milk 1%, FF <sup>24</sup> Cottage Cheese, Fruit Chicken Quesadilla Beans & Brown Rice Salad Bar	Milk 1%, FF <sup>25</sup> Cottage Cheese, Fruit Chicken Stew Baking Powder Biscuits Salad Bar	MILK 1%, FF <sup>26</sup> Cottage Cheese, Fruit Goulash, Roll Salad Bar	Milk 1%, FF <sup>27</sup> Cottage Cheese, Fruit Fish Patty w/ Bun & Cheese Sweet Potato Fries Beets
Milk 1%, FF <sup>30</sup> Cottage Cheese, Fruit Pizza, Carrots	Milk 1%, FF <sup>31</sup> Cottage Cheese, Fruit Tacos Beans & Brown Rice Salad Bar			

**LUNCH ALTERNATIVE DAILY: Whole Grain Sandwich, Milk, Fruit, Vegetable and Cheese Stick. In the operation of National School Food Programs, no child will be discriminated against because of race, color, national origin, age or disability. If you believe you have been discriminated against, write immediately to the Department of Agriculture. Please note that our menu is subject to change based on availability of food items.**