

DECEMBER 2022 NEWCOMB CENTRAL

Cafeteria Manager: Ellie Yandon
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 (518)582-3341 Ext #1021



Monday

Tuesday

Wednesday

Thursday

Friday



5
 Milk, Yogurt
 Oatmeal or Cereal
 Whole Grain Muffin
 Fruit, Juice

6
 Milk, Yogurt
 Husky Sandwich (Bacon)
 Or Cereal
 Whole Grain Muff
 Fruit, Juice

7
 Milk, Yogurt
 Bagels & Cream Cheese or
 Cereal
 Whole Grain Muffins
 Fruit, Juice

1
 Milk , Yogurt, Fruit, Juice
 Breakfast Bowl
 (eggs, hash browns, cheese,
 sausage, peppers, onion)
 ,or Cereal
 Whole Grain Muffin

2
 Milk, Yogurt
 Pancakes &
 Sausage
 Or Cereal
 Whole Grain Muffins
 Fruit, Juice

12
 Milk, Yogurt
 Oatmeal or Cereal
 Whole Grain Muffin
 Fruit, Juice

13
 Milk, Yogurt
 Husky Sandwich (Bacon)
 Or Cereal
 Whole Grain Muff
 Fruit, Juice

14
 Milk, Yogurt
 Bagels & Cream Cheese or
 Cereal
 Whole Grain Muffins
 Fruit, Juice

8
 Milk, Yogurt
 Egg Quiche Bake
 or Cereal
 Whole Grain Muffin
 Fruit, Juice

9
 Milk, Yogurt
 French toast Sticks &
 Sausage
 Or Cereal
 Whole Grain Muffins
 Fruit, Juice

15
 Milk, Yogurt
 Scrambled Eggs & Cheese
 Or Cereal
 Whole Grain Muffin
 Fruit, Juice

16
 Milk, Yogurt
 Waffles & Sausage
 Or Cereal
 Whole Grain Muffins
 Fruit, Juice

19
 Milk, Yogurt
 Oatmeal or Cereal
 Whole Grain Muffin
 Fruit, Juice

20
 Milk, Yogurt
 Husky Sandwich (Bacon)
 Or Cereal
 Whole Grain Muff
 Fruit, Juice

21
 Milk, Yogurt
 Bagels & Cream Cheese or
 Cereal
 Whole Grain Muffins
 Fruit, Juice

22
 Milk , Yogurt, Fruit, Juice
 Breakfast Bowl
 (eggs, hash browns, cheese,
 sausage, peppers, onion)
 ,or Cereal
 Whole Grain Muffin

23
 NO SCHOOL
 CHRISTMAS BREAK

26
 NO SCHOOL
 CHRISTMAS BREAK

27
 NO SCHOOL
 CHRISTMAS BREAK

28
 NO SCHOOL
 CHRISTMAS BREAK

29
 NO SCHOOL
 CHRISTMAS BREAK

30
 NO SCHOOL
 CHRISTMAS BREAK

Breakfast Alternative Daily: Cereal, Milk, Fruit, Juice, Yogurt and Whole Grain Muffin. In the operation of National School Food Programs, no child will be discriminated against because of race, color, national origin, age or disability. If you believe you have been discriminated against, write immediately to the Department of Agriculture. Please note that our menu is subject to change based on availability of food items