

DECEMBER 2022 NEWCOMB CENTRAL

Cafeteria Manager: Ellie Yandon
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 (518)582-3341 Ext #1021



Monday



Tuesday

Wednesday

Thursday

Friday

Milk 1%, FF **5**
 Cottage Cheese, Fruit
 Mac N Cheese
 Broccoli Parm
 Dinner Roll

Milk 1%, FF **6**
 Cottage Cheese, Fruit
 Enchilada Bake
 Brown Rice
 Salad Bar

Milk 1%, FF **7**
 Cottage Cheese, Fruit
 Chicken Noodle
 Turkey & Cheese Sand
 Salad Bar

Milk 1%, FF **1**
 Cottage Cheese, Fruit
 Chicken Parm w/pasta &
 Sauce, Roll,
 Salad Bar

Milk 1%, FF **2**
 Cottage Cheese, Fruit
 Sloppy Joes w/ Bun & Cheese
 Sweet Potato Fries
 Green Beans

Milk 1%, FF **12**
 Cottage Cheese, Fruit
 Italian Dunkers,
 Green Beans

Milk 1%, FF **13**
 Cottage Cheese, Fruit
 Chicken Quesadilla
 Beans & Brown Rice
 Salad Bar

Milk 1%, FF **14**
 Cottage Cheese, Fruit
 Corn Chowder
 Grilled cheese sandwich
 Salad Bar

Milk 1%, FF **8**
 Cottage Cheese, Fruit
 BBQ Pork/bun & Cheese
 Sweet Potato Fries
 Cole Slaw

MILK1%, FF **9**
 Cottage Cheese, Fruit
 Tossed Salad, Goulash, Roll

Milk 1%, FF **19**
 Cottage Cheese, Fruit
 Brown Rice Bar
 (Chipotle Style/Pork)
 Salad Bar

Milk 1%, FF **20**
 Cottage Cheese, Fruit
 Sloppy Nachos (Chix)
 Beans & Brown Rice
 Salad Bar

Milk 1%, FF **21**
 Cottage Cheese, Roll
 Ham & Scalloped Potatoes
 Glazed Carrots, Ginger Bread
 Cake w/ whip Cream

Milk 1%, FF **15**
 Cottage Cheese, Fruit
 Porcupine Balls, Roll
 Mash Pots & Sauce
 Tossed Green Salad

Milk 1%, FF **16**
 Cottage Cheese, Fruit
 Fish Patty w/ Bun & Cheese
 Sweet Potato Fries
 Beets

26
 NO SCHOOL
 CHRISTMAS BREAK

27
 NO SCHOOL
 CHRISTMAS BREAK

28
 NO SCHOOL
 CHRISTMAS BREAK

22
 Milk 1%, FF,
 Cottage Cheese, Fruit
 Pepperoni Pizza
 Cucumbers & Ranch

23
 NO SCHOOL
 CHRISTMAS BREAK

29
 NO SCHOOL
 CHRISTMAS BREAK

30
 NO SCHOOL
 CHRISTMAS BREAK

LUNCH ALTERNATIVE DAILY: Whole Grain Sandwich, Milk, Fruit, Vegetable and Cheese Stick. In the operation of National School Food Programs, no child will be discriminated against because of race, color, national origin, age or disability. If you believe you have been discriminated against, write immediately to the Department of Agriculture. Please note that our menu is subject to change based on availability of food items.