



# NEWCOMB CENTRAL SCHOOL DISTRICT

November 2022

**INSIDE THIS ISSUE:**

Sup't News Cont'd	1-3
The Art of Science & Happiness in Schools	4
Health News	5
Guidance News	6-9
Menus	10-11
<b>Class News:</b>	
2023 Fall Clean Up	12
Power Hour	13
CreaTeam	14
NHS Volleyball Tourney	15
Seagle Festival	16
Yearbook Sales	17
Dates to Remember	18
Job Openings	19



## What Do We Bring to the Table?

*A message from Superintendent Chris Fisher*

We share more than smiles and laughter. Each of us holds a seat at the table and we bring along our individual contribution to the whole. Our areas of expertise are vast, yet we share a commitment to excellence for the children of our school community. Our passion for teaching and learning coupled with the skills that we bring to the table are the very essence of what makes our togetherness so grand.

This month offers an opportunity for us to reflect on all of the things that we are grateful for. I am thankful for the opportunity to serve our school community in such an important role and for the colleagues who share this mission with me each day. I am appreciative for the support that our community extends and the shared belief that children are at the center of all that we do.



**No School**

Nov. 11<sup>th</sup>  
Veterans Day

Nov. 23-25<sup>th</sup>  
Thanksgiving Break

Cont'd on page 2

## **New York State School Board Appreciation Week**

Schools across the state took time out during the week of October 17th - October 22nd to recognize and celebrate Board of Education members who dedicate their service to overseeing and improving public schools. Collectively, school board members across the state oversee 2.3 million school-aged children and \$85 billion in budgeted spending.

On behalf of the students and staff members at NCS, we would like to acknowledge our board members and thank them for their service!

**Mr. Peter Armstrong- NCS Board of Education President**  
**Mr. Tyler Lamphear- NCS Board of Education Vice President**  
**Mrs. Lori Demars- NCS Board of Education member**  
**Mr. Nick Poulin- NCS Board of Education member**  
**Mrs. Tammy Larabee- NCS Board of Education member**

## **NCS' International Program 2022-2023**

Newcomb Central School District continues to hold the International Program in high value since 2007 when the program began. Each year, NCS welcomes students on an F1 Academic Visa to live and study with us for the school year. This school year, we welcome eleven students from Russia, Spain, France, Italy and Thailand. We are thankful for the opportunity to bring students from around the world to our school community!



## **Meet our Prevention Team Providers**

This year, NCS welcomes two providers from The Prevention Team. The team's intent is to implement New York State's OASAS-approved evidence-based curricula and to provide other classroom prevention education programs/prevention activities on Mondays and Thursdays each week.

Please join me in welcoming Mrs. Tabitha Gillings, Prevention Team Specialist. Tabitha enjoys spending time with her family outdoors in every season. She also has a love of music, boating, snowboarding and soccer. She is very excited to be a part of the Newcomb Central School Family!



We are pleased to welcome back Mr. Ben Frantz, Prevention Educator with The Prevention Team. Ben has been providing services to NCS for a few years and has been a Prevention Educator since 2017. He has three teenage sons and spends his free time chasing them around our local mountains, lakes, and rivers. Welcome back Ben!



# The Art of Science and Happiness in Schools

*PJ Motsiff - Director of Curriculum and Instruction*



Social-Emotional Learning has come to the forefront of education due to the important issues surrounding depression and mental illness in teens and youth. This year a group of students have taken it upon themselves to change the culture here at NCS and make it a place where students can be treated with dignity and equality. Their goal is to empower others, to empower others to feel good. Most of you may know this concept as “paying it forward”.

Dopamine, our ‘feel good hormone,’ is a neurotransmitter that helps regulate the brain’s reward and pleasure centers. It contributes to the enhancement of movement and emotional responses so if we can influence dopamine, we can also influence our mood and happiness in positive ways.

What if our students and staff could create an atmosphere of happiness and optimism? A comprehensive focus on positive elements and behaviors that make students happy will naturally cultivate happier and healthier students. This infectious culture within our school will ultimately create an environment of learned happiness.

The [Be Real] 2 You! Team has a number of projects in the works for this school year. They have already recognized the staff on World Teacher Awareness Day, designed a banner for School Board Appreciation Week, and are planning our first semester school-wide TREK entitled “Blow off Some STEAM” at the town beach.

# FROM THE HEALTH OFFICE

## HAPPY THANKSGIVING!

Dear Parents/Guardians,

With holidays quickly approaching we would like to remind everyone that food that contains nuts/nut products or that are processed in a facility with nuts are not allowed in school. We are committed to providing a safe and welcoming environment for all of the children in our school.

The following remains in effect:

- All students will NOT be allowed to eat peanuts/nuts (or items containing them) in any school environment or vehicle.
- **Homemade baked goods/foods will NOT be allowed in school.**
- Please read the food labels on packaged items your own child may bring to school to ensure no peanuts, tree nuts, peanut butter or peanut oil is among the ingredients.
- While reading food labels, please be mindful of any statements that indicate that the food item was produced or processed in a building/on equipment where peanuts or tree nuts are also produced/processed, or statements such as “item may contain trace nuts.” Labels stating this will NOT be allowed in school.
- If the package does not clearly state “packaged in a facility WITHOUT nuts” the ingredients must be labeled and read to guarantee no nuts/nut products are contained.

**Please be mindful of what you are sending to school with your child.  
Avoidance of nuts can save a life.**

# FROM THE GUIDANCE OFFICE

## **SENIORS:**

All seniors going off to college will need to fill out the **FAFSA** beginning in **OCTOBER**. You can apply on-line, which saves a lot of time. Before you can do that **you and a parent** need to register for a **FSA ID**. To get your **FSA ID** you can go to [www.fsaaid.ed.gov](http://www.fsaaid.ed.gov) If your parents or siblings have a PIN, they can “link” their PIN number to their FSA ID. This will aid in transferring your information from PIN to your FSA ID. When you receive your FSA ID number go to [www.fafsa.ed.gov](http://www.fafsa.ed.gov) to apply for Financial Aid. Financial Aid forms can be filled out beginning in October this year, using last year’s tax returns. You should do this right away. Doing them on-line is much faster and easier.

Check your application deadlines! Applications should be out by December 1<sup>st</sup>. (Check your college deadline dates) If you want your transcripts to go out before Thanksgiving, you need to let me know which colleges to send them to by **November 10, 2022**.

Please check your application before you send it out. Check spellings, print neatly, and check your grammar!

Ask at least 2 teachers to write you a letter of recommendation to keep in my office so that I can send them out with your applications.

**VISIT** the colleges you plan to apply to! You are going to want to be at a place that you like. You won’t know that unless you take a tour. This year you may have to take your tour virtually, but it is still important to see the campus you plan to live in.

I need your updated Transcripts or Resumes so that I can send the college's accurate information. Please list all activities you have done grades 9-12, so that I don’t forget anything. Please include any Volunteer Work you have done. Remember, volunteering means you are not receiving money for the work you are doing. Example: Class fundraising is not Volunteer work. You are receiving money for a senior trip for all class fundraising activities.

## **JUNIORS:**

I will meet with each of you individually when I receive your PSAT scores. We will go over your scores and how that may help you in your college/career search. They should be in by December or January. In the meantime - **VISIT COLLEGES (take virtual college visits) AND ASK QUESTIONS**. You need to start **NOW**, do not wait until your senior year.

**Reminder to parents of 3<sup>rd</sup> through 8<sup>th</sup> grade students**

New York State testing will be in April through June. Please make sure your children get plenty of rest before their exams. Also, if you can help it, **please make sure your child does not miss school on the day of an exam.** These exams will be very difficult to make up. Please review the schedule below. Thank you for your support.

3-8 ELA: April 19-26, 2023

3-8 Math: May 2-9, 2023

\*Grade 8 Science Performance Test: May 23-June 2, 2023

Grade 8 Science Written Test: Monday, June 5, 2023

\*These test dates are subject to change. All others will NOT change.

**DATES TO REMEMBER****SAT Testing Dates**

December 3, 2022

March 11, 2023

May 6, 2023

June 3, 2023

**Registration Date**

November 3, 2022

February 10, 2023

April 7, 2023

May 4, 2023

**Act Dates**

December 10, 2022

February 11, 2023

April 15, 2023

June 10, 2023

**Register By**

November 4, 2022

January 6, 2023

March 10, 2023

May 5, 2023

Newcomb Central School CEEB Code is: 333-330. You will need to know that when you register to take the exams, so that I will receive your test scores.

Happy Thanksgiving!

I hope everyone has a wonderful Thanksgiving Day/Break with their families and friends.

Mrs. Markwica

## Career Exploration

On October 4th, 6 of our 8th and 9th grade students attended the CTE Career Exploration at the Saratoga Springs City Center. In addition to the career exploration expo, the students also listened to a motivational speaker, Tay Fisher (Firefly) of the Harlem Globetrotters about the pathway to success. One quote that Tay Fisher shared was, “ What you spend years building may be destroyed overnight, BUILD ANYWAY”

### The 8 Takeaways from his speech were:

1. Be willing to accept change.
2. Find time for yourself.
3. Don't let SOCIAL MEDIA DETERMINE your LIFE (go at your own pace and write your own story).
4. TRAVEL, TRAVEL, TRAVEL.
5. Know the difference between enjoying your youth and destroying your future (drugs, making bad decisions).
6. Have confidence in yourself.
7. Be respectful to EVERYONE.
8. We WILL change the world.





## 8th & 9th Graders at The BOCES CTE Career Exploration Day with Tay Fisher (Firefly) from The Harlem Globetrotters



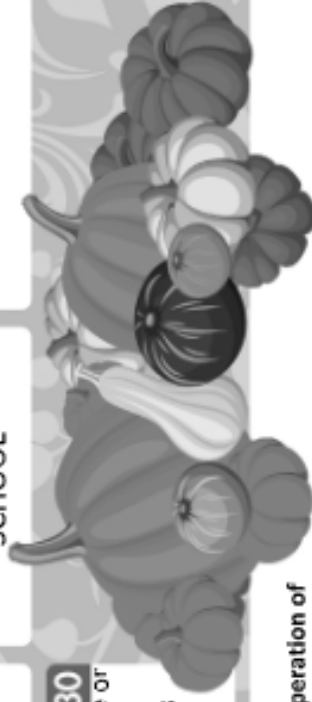


**BREAKFAST**

**NOVEMBER 2022  
NEWCOMB CENTRAL**

Cafeteria Manager: Ellie Yandon  
eyandon@newcombscd.org  
(518)582-3341 Ext #1021

Monday	Tuesday	Wednesday	Thursday	Friday
<b>7</b> Milk, Yogurt Oatmeal or Cereal Whole Grain Muffin Fruit, Juice	<b>1</b> Milk, Yogurt Husky Sandwich (Bacon) Or Cereal Whole Grain Muff Fruit, Juice	<b>2</b> Milk, Yogurt Bagels & Cream Cheese or Cereal Whole Grain Muffins Fruit, Juice	<b>3</b> Milk, Yogurt, Fruit, Juice Breakfast Bowl (eggs, hash browns, cheese, sausage, peppers, onion) or Cereal Whole Grain Muffin	<b>4</b> Milk, Yogurt French toast Sticks & Sausage Or Cereal Whole Grain Muffins Fruit, Juice
<b>14</b> Milk, Yogurt Oatmeal or Cereal Whole Grain Muffin Fruit, Juice	<b>8</b> Milk, Yogurt Husky Sandwich (Bacon) Or Cereal Whole Grain Muff Fruit, Juice	<b>9</b> Milk, Yogurt Bagels & Cream Cheese or Cereal Whole Grain Muffins Fruit, Juice	<b>10</b> Milk, Yogurt Egg Quiche Bake or Cereal Whole Grain Muffin Fruit, Juice	<b>11</b> <b>VETERANS DAY</b> NO SCHOOL
<b>21</b> Milk, Yogurt Oatmeal or Cereal Whole Grain Muffin Fruit, Juice	<b>15</b> Milk, Yogurt Husky Sandwich (Bacon) Or Cereal Whole Grain Muff Fruit, Juice	<b>16</b> Milk, Yogurt Bagels & Cream Cheese or Cereal Whole Grain Muffins Fruit, Juice	<b>17</b> Milk, Yogurt Scrambled Eggs & Cheese Or Cereal Whole Grain Muffin Fruit, Juice	<b>18</b> Milk, Yogurt Waffles & Sausage Or Cereal Whole Grain Muffins Fruit, Juice
<b>28</b> Milk, Yogurt Oatmeal or Cereal Whole Grain Muffin Fruit, Juice	<b>22</b> Milk, Yogurt Husky Sandwich (Bacon) Or Cereal Whole Grain Muff Fruit, Juice	<b>23</b> NO SCHOOL	<b>24</b> <b>THANKSGIVING DAY</b> NO SCHOOL	<b>25</b> NO SCHOOL
<b>28</b> Milk, Yogurt Oatmeal or Cereal Whole Grain Muffin Fruit, Juice	<b>29</b> Milk, Yogurt Husky Sandwich (Bacon) Or Cereal Whole Grain Muff Fruit, Juice	<b>30</b> Milk, Yogurt Bagels & Cream Cheese or Cereal Whole Grain Muffins Fruit, Juice		



Breakfast Alternative Daily: Cereal, Milk, Fruit, Juice, Yogurt and Whole Grain Muffin. In the operation of National School Food Programs, no child will be discriminated against because of race, color, national origin, age or disability. If you believe you have been discriminated against, write immediately to the Department of Agriculture. Please note that our menu is subject to change based on availability of food items



LUNCH

# NOVEMBER 2022 NEWCOMB CENTRAL

Cafeteria Manager: Ellie Yandon  
eyandon@newcombsd.org  
(518)582-3341 Ext #1021

## Monday

**7**  
Milk 1%, FF  
Cottage Cheese, Fruit  
Mac N Cheese  
Broccoli Parm  
Dinner Roll

**14**  
Milk 1%, FF  
Cottage Cheese, Fruit  
Italian Dunkers,  
Honey Glazed Carrots

**21**  
Milk 1%, FF  
Cottage Cheese, Fruit  
Turkey & Gravy, Roll  
Mashed Potatoes, Squash  
Stuffing, cranberry Sauce,  
Pumpkin Cake w/ topping

**28**  
Milk 1%, FF  
Cottage Cheese, Fruit  
Pepperoni Pizza  
Cucumbers & Ranch

## Tuesday

**1**  
Milk 1%, FF  
Cottage Cheese, Fruit  
Enchilada Bake  
Brown Rice  
Salad Bar

**8**  
Milk 1%, FF  
Cottage Cheese, Fruit  
Chicken Quesadilla  
Beans & Brown Rice  
Salad Bar

**15**  
Milk 1%, FF  
Cottage Cheese, Fruit  
Sloppy Nachos (Chix)  
Beans & Brown Rice  
Salad Bar

**22**  
Milk 1%, FF  
Cottage Cheese, Fruit  
Beef Tacos  
Beans & Brown Rice  
Salad Bar

**29**  
Milk 1%, FF  
Cottage Cheese, Fruit  
Brown Rice Bar  
(Chipotle Style/Pork)  
Salad Bar

## Wednesday

**2**  
Milk 1%, FF  
Cottage Cheese, Fruit  
Chicken & Rice Soup  
Turkey & Cheese Sand  
Salad Bar

**9**  
Milk 1%, FF  
Cottage Cheese, Fruit  
Chili W/Beans,  
Honey Corn Bread Square  
Salad Bar

**16**  
Milk 1%, FF  
Cottage Cheese,  
Veg. Barley Soup,  
Bacon Chicken Ranch Wrap  
Salad Bar

**23**  
NO  
SCHOOL

**30**  
Milk 1%, FF  
Cottage Cheese, Fruit  
Broccoli Cheddar Soup  
Bread Bowl  
Salad Bar

## Thursday

**3**  
Milk 1%, FF  
Cottage Cheese, Fruit  
Chicken Parm w/pasta &  
Sauce, Roll,  
Salad Bar

**10**  
Milk 1%, FF  
Cottage Cheese, Fruit  
Porcupine Balls, Roll  
Mash Pots & Sauce  
Tossed Green Salad

**17**  
Milk 1%, FF  
Cottage Cheese, Fruit  
Spinach Lasagna, Roll  
Salad Bar

**24**  
THANKSGIVING DAY  
NO  
SCHOOL

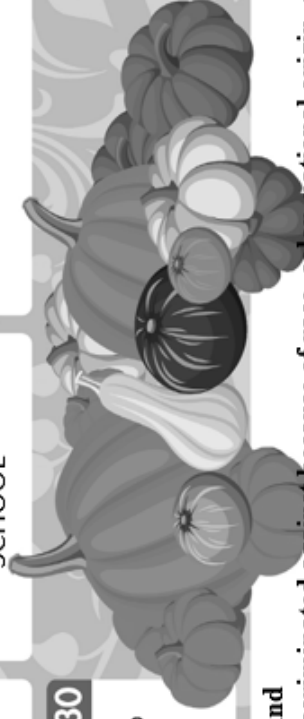
## Friday

**4**  
Milk 1%, FF  
Cottage Cheese, Fruit  
Sloppy Joes w/ Bun & Cheese  
Sweet Potato Fries  
Green Beans

**11**  
VETERANS DAY  
NO  
SCHOOL

**18**  
Milk 1%, FF  
Cottage Cheese, Fruit  
BBQ Pork/bun & Cheese  
Sweet Potato Fries  
Cole Slaw

**25**  
NO  
SCHOOL



**LUNCH ALTERNATIVE DAILY: Whole Grain Sandwich, Milk, Fruit, Vegetable and Cheese Stick. In the operation of National School Food Programs, no child will be discriminated against because of race, color, national origin, age or disability. If you believe you have been discriminated against, write immediately to the Department of Agriculture. Please note that our menu is subject to change based on availability of food items.**

# CLASS NEWS

IF YOU ARE INTERESTED OR HAVE QUESTIONS- PLEASE CONTACT THE 2023 CLASS ADVISOR, SCOTT KEGLOVITS OR SIMPLY FILL OUT THE FORM BELOW, AND TURN IT INTO THE NEWCOMB SCHOOL OFFICE. WE WILL RESERVE YOUR DATE ON A FIRST COME-FIRST SERVE BASIS. Dates subject to change. THANK YOU!



WANT TO GET RID OF THOSE PESKY LEAVES?

Class of 2023 is willing to clean your yard!

## CONTACT US AT:

Phone: 518.582.3333

Email: [skeglovits@newcombsd.org](mailto:skeglovits@newcombsd.org)

## DATES:

2nd Week of October -  
2nd Week of November  
(After 3:30 pm on weekdays, all day weekends)



## PLEASE FILL OUT YOUR INFORMATION

Name: \_\_\_\_\_

Address of Yard Work: \_\_\_\_\_

Preferred Date(s): \_\_\_\_\_

\_\_\_\_\_

Phone Number/Email: \_\_\_\_\_

Type of Yard Work Requested:

\_\_\_\_\_

\_\_\_\_\_

# POWER HOUR

**~Students in Grades 9-12~  
Tuesdays & Thursdays ~ 3:00-4:00pm  
NCS D Weight Room**

**Please SIGN UP in the Office for the bus &  
on the attendance sheet on the weight room door.  
There is a maximum number of five students at one time.**

Research supports regular physical exercise improves grades, attendance, and mood of students. The goal of Power Hour is to instill healthy habits, create positive adult/student relationships, and offer an alternative activity for after school hours. Students will be instructed on proper gym etiquette and rules, including equipment use and cleaning, warming up/stretching, sets and reps, tracking progress, etc.

See Mrs. Gagnon for more information and/or schedule changes.

**If you have any comments,  
suggestions, or would like to add an article to the Newsletter,  
e-mail them to Caryn Draper at [cdraper@newcombcasd.org](mailto:cdraper@newcombcasd.org)**



## CREATEAM

Come join the fun!! Open to students in **grades 7-12**

In this group, we will build a positive community/team of creators who work together to create a shared meal with an international flare, host a cafe/bakery style social hour, and create holiday inspired arts & crafts that includes a community service project (TBD).

Led by Ms. LaFountain and Mrs. Gagnon, the team will meet on **Mondays and Wednesdays** starting Nov. 14th - December 14th from 3:00 - 4:00.

Students- please add your name and transportation needed on the sign-up sheet on Ms. LaFountain's door each Friday if you are attending! You do not need to attend every session, however, some projects may take 2-3 afternoons to complete.



NATIONAL HONOR SOCIETY PRESENTS

# THE NHS VOLLEYBALL TOURNAMENT

SATURDAY • DECEMBER 3, 2022

**TEAMS OF 4 • BRACKET STYLE • PRIZES**

**\$20/TEAM • AGES 14-65**

NCSD Gymnasium

5535 NY-28N, Newcomb, NY 12852

To register yourself and/or your team, please contact

Michael Sullivan:

[msullivan@newcombcsd.org](mailto:msullivan@newcombcsd.org)

Or fill out this form:

<https://tinyurl.com/nhsvolleyballtournament>

## Seagle Festival in-school opera visit

Just a few weeks ago, two neighboring districts came together for the presentation of the children's opera "The Three Bears". The performance was held at our school's auditorium and was immensely enjoyed by NCS students in grades PK-6 and our Minerva Central school friends in grades K-4. The stage was transformed into a wonderful scenery with the little house in the forest to support the plot of this musical play. The acting and singing of the performers spell bound the young audience who were so attentive during the performance you could have heard a pin drop!

What a wonderful way to start our new school year on a musical note!  
Thank you, Seagle Festival musicians!

Photo credit: Mrs. Markwica





**WE'RE STILL SELLING  
2021-2022 YEARBOOKS!**



Due to the late arrival last year, the Yearbook Committee has decided to continue selling Yearbooks throughout November. If you are interested, please fill out the form below and return it to the school to purchase.

Contact information:  
[nbelden@newcombcasd.org](mailto:nbelden@newcombcasd.org)  
518-582-3341 x1001



Please Fill Out the Following  
Information:

Name: \_\_\_\_\_

Number of  
Yearbooks: \_\_\_\_\_ at \$25.00

Checks payable to  
Newcomb Central School  
Yearbook.

Total cost: \_\_\_\_\_

# DATES TO REMEMBER

**Election Day**  
**Tuesday, Nov. 8th.**



**Daylight Savings**  
**Time Ends**  
**Sunday, Nov. 6th**

Remember to turn your clocks back 1 hour and replace the batteries in your smoke alarms!

**Elementary Parent Teacher**  
**Conferences**

Tuesday, November 22nd.  
Student Dismissal  
will be @ 11:30am



**Emergency Release Day**  
**Thursday, Nov. 10<sup>th</sup>**

Mandated Early Release Day. School will be dismissed, buses will leave and pickups will take place at 2:45pm.



## **NEWCOMB CENTRAL SCHOOL VACANCY**

Newcomb Central School has openings  
for a **Full Time or part time Cleaner**  
and **Bus Driver s needed.**

Rate of pay and benefits will be as per contract  
Positions to begin immediately  
Application Deadline – November 11th, 2022

Send Letter of Interest to:  
Mrs. Christian Fisher, Superintendent  
Newcomb Central School  
P.O. Box 418  
Newcomb, NY 12852

# UPCOMING IN THE DISTRICT

## November 2022

- 5 CASMA Fall Festival @ North Warren CSD with a concert @ 3:00pm
- 10 End of First Marking Period
- 10 Emergency Release Day
- 11 NO SCHOOL - Veterans Day
- 17 Board of Education Meeting @ 6pm
- 17-20 Northeast Music Festival @ Courtyard Marriott in Lake George. Concert @ 1:00pm the 20th.
- 22 Elementary Parent-Teacher Conferences starting @ 11:30am
- 22 Elementary Early Dismissal @ 11:30am
- 23-25 NO SCHOOL - Thanksgiving Recess

## December 2022

- 8 BOE Meeting @ 6pm
- 15 NCS Christmas Concert @ 6pm
- 16 2nd Mid Marking Period
- 23-31 Holiday Recess - No School

NEWCOMB CENTRAL SCHOOL DISTRICT  
P.O. Box 418  
5535 STATE ROUTE 28N  
NEWCOMB, NY 12852

Phone: 518-582-3341  
Fax: 518-582-2163  
[www.newcombcsd.org](http://www.newcombcsd.org)

SUPERINTENDENT  
CHRISTIAN M. FISHER

NON-PROFIT ORG.  
U.S. POSTAGE  
**PAID**  
NEWCOMB, NY 12852  
PERMIT #3

Boxholder  
or  
Rural Route