

NOVEMBER 2022

NEWCOMB CENTRAL

Monday	Tuesday	Wednesday	Thursday	Friday
	Milk, Yogurt 1 Husky Sandwich (Bacon) Or Cereal Whole Grain Muffin Fruit, Juice	Milk, Yogurt 2 Bagels & Cream Cheese or Cereal Whole Grain Muffins Fruit, Juice	Milk, Yogurt, Fruit, Juice 3 Breakfast Bowl (eggs, hash browns, cheese, sausage, peppers, onion) , or Cereal Whole Grain Muffin	Milk, Yogurt 4 French toast Sticks & Sausage Or Cereal Whole Grain Muffins Fruit, Juice
Milk, Yogurt 7 Oatmeal or Cereal Whole Grain Muffin Fruit, Juice	milk, Yogurt 8 Husky Sandwich (Bacon) Or Cereal Whole Grain Muffin Fruit, Juice	Milk, Yogurt 9 Bagels & Cream Cheese or Cereal Whole Grain Muffins Fruit, Juice	Milk, Yogurt 10 Egg Quiche Bake or Cereal Whole Grain Muffin Fruit, Juice	11 VETERANS DAY NO SCHOOL
Milk, Yogurt 14 Oatmeal or Cereal Whole Grain Muffin Fruit, Juice	Milk, Yogurt 15 Husky Sandwich (Bacon) Or Cereal Whole Grain Muffin Fruit, Juice	Milk, Yogurt 16 Bagels & Cream Cheese or Cereal Whole Grain Muffins Fruit, Juice	Milk, Yogurt 17 Scrambled Eggs & Cheese Or Cereal Whole Grain Muffin Fruit, Juice	Milk, Yogurt 18 Waffles & Sausage Or Cereal Whole Grain Muffins Fruit, Juice
Milk, Yogurt 21 Oatmeal or Cereal Whole Grain Muffin Fruit, Juice	Milk, Yogurt 22 Husky Sandwich (Bacon) Or Cereal Whole Grain Muffin Fruit, Juice	23 NO SCHOOL	24 THANKSGIVING DAY NO SCHOOL	25 NO SCHOOL
Milk, Yogurt 28 Oatmeal or Cereal Whole Grain Muffin Fruit, Juice	Milk, Yogurt 29 Husky Sandwich (Bacon) Or Cereal Whole Grain Muffin Fruit, Juice	Milk, Yogurt 30 Bagels & Cream Cheese or Cereal Whole Grain Muffins Fruit, Juice		



Breakfast Alternative Daily: Cereal, Milk, Fruit, Juice, Yogurt and Whole Grain Muffin. In the operation of National School Food Programs, no child will be discriminated against because of race, color, national origin, age or disability. If you believe you have been discriminated against, write immediately to the Department of Agriculture. Please note that our menu is subject to change based on availability of food items