LUNCH

NOVEMBER 2022 NEWCOMB CENTRAL

Cafeteria Manager: Ellie Yandon <u>eyandon@newcombcsd.org</u> (518)582-3341 Ext #1021

Al and ma			Thursday	
Monday	Tuesday	Wednesday	Thursday	Friday
	Milk 1%, FF Cottage Cheese, Fruit Enchilada Bake Brown Rice Salad Bar	Milk 1%, FF 2 Cottage Cheese, Fruit Chicken & Rice Soup Turkey & Cheese Sand Salad Bar	Milk 1%, FF 3 Cottage Cheese, Fruit Chicken Parm w/pasta & S Sauce, Roll, Salad Bar	Milk 1%, FF Cottage Cheese, Fruit Sloppy Joes w/ Bun & Cheese Sweet Potato Fries Green Beans
Milk 1%, FF 7 Cottage Cheese, Fruit Mac N Cheese Broccoli Parm Dinner Roll	Milk 1%, FF 8 Cottage Cheese, Fruit Chicken Quesadilla Beans & Brown Rice Salad Bar	Milk 1%, FF 9 Cottage Cheese, Fruit Chili W/Beans, Honey Corn Bread Square Salad Bar	Milk 1%, FF Cottage Cheese, Fruit Porcupine Balls, Roll Mash Pots & Sauce Tossed Green Salad	VETERANS DAY NO SCHOOL
Milk 1%, FF 14 Cottage Cheese, Fruit Italian Dunkers, Honey Glazed Carrots	Milk 1%, FF 15 Cottage Cheese, Fruit Sloppy Nachos (Chix) Beans & Brown Rice Salad Bar	Milk 1%, FF Cottage Cheese, Veg. Barley Soup, Bacon Chicken Ranch Wrap Salad Bar	Milk 1%, FF Cottage Cheese, Fruit Spinach Lasagna, Roll Salad Bar	Milk 1%, FF Cottage Cheese, Fruit BBQ Pork/bun & Cheese Sweet Potato Fries Cole Slaw
Milk 1%, FF 21 Cottage Cheese, Fruit Turkey & Gravy, Roll Mashed Potatoes, Squash Stuffing, cranberry Sauce, Pumpkin Cake w/ topping	Milk 1%, FF 22 Cottage Cheese, Fruit Beef Tacos Beans & Brown Rice Salad Bar	NO SCHOOL	24 THANKSGIVING DAY NO SCHOOL	NO SCHOOL
Milk 1%, FF, 28 Cottage Cheese, Fruit Pepperoni Pizza Cucumbers & Ranch	Milk 1%, FF 29 Cottage Cheese, Fruit Brown Rice Bar (Chipotle Style/Pork) Salad Bar	Milk 1%, FF 30 Cottage Cheese, Fruit Broccoli Cheddar Soup Bread Bowl Salad Bar		

LUNCH ALTERNATIVE DAILY: Whole Grain Sandwich, Milk, Fruit, Vegetable and

Cheese Stick. In the operation of National School Food Programs, no child will be discriminated against because of race, color, national origin, age or disability. If you believe you have been discriminated against, write immediately to the Department of Agriculture. Please note that our menu is subject to change based on availability of food items.