


BREAKFAST

SEPTEMBER 2022

NEWCOMB CENTRAL SCHOOL

Cafeteria Manager: Ellie Yandon
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 (518)582-3341 Ext #1021

Monday
Tuesday
Wednesday
Thursday
Friday

LABOR DAY
NO
SCHOOL

5

Milk, Yogurt
 Egg Quiche Bake
 Or Cereal
 Whole Grain Muffin
 Fruit, Juice

6

Milk, Yogurt
 Bagels & Cream Cheese
 Or Cereal
 Whole Grain Muffins
 Fruit, Juice

7

Milk, Yogurt
 Scrambled Eggs & Cheese
 Or Cereal
 Whole Grain Muffin
 Fruit, Juice

8

Milk, Yogurt
 Waffles & Sausage
 Or Cereal
 Whole Grain Muffin
 Fruit, Juice

9

Milk, Yogurt
 Oatmeal
 Or Cereal
 Whole Grain Muffin
 Fruit, Juice

12

Milk, Yogurt
 Breakfast Pizza
 Or Cereal
 Whole Grain Muffin
 Fruit, Juice

13

Milk, Yogurt
 Bagels & Cream Cheese
 Or Cereal
 Whole Grain Muffin
 Fruit, Juice

14

Milk, Yogurt
 Scrambled Eggs & Cheese
 Or Cereal
 Whole Grain Muffin
 Fruit, Juice

15

Milk, Yogurt
 Fr.Toast Sticks &Sausage
 Or Cereal
 Whole Grain Muffin
 Fruit, Juice

16

Milk, Yogurt
 Oatmeal
 Or Cereal
 Whole Grain Muffin
 Fruit, Juice

19

Milk, Yogurt
 Husky Sandwich (Bacon)
 Or Cereal
 Whole Grain Muffin
 Fruit, Juice

20

Milk, Yogurt
 Bagels & Cream Cheese
 Or Cereal
 Whole Grain Muffin
 Fruit, Juice

21

Milk, Yogurt
 Egg & Cheese Omelets
 Or Cereal
 Whole Grain Muffin
 Fruit, Juice

22

Milk, Yogurt
 Pancakes & Sausage
 Or Cereal
 Whole Grain Muffin
 Fruit, Juice

23

Milk, Yogurt
 Oatmeal
 Or Cereal
 Whole Grain Muffin
 Fruit, Juice

26

Milk, Yogurt
 Egg Quiche Bake
 Or Cereal
 Whole Grain Muffin
 Fruit, Juice

27

Milk, Yogurt
 Bagels & Cream Cheese
 Or Cereal
 Whole Grain Muffin
 Fruit, Juice

28

Milk, Yogurt
 Scr. Eggs & Hash Browns
 Or Cereal
 Whole Grain Muffin
 Fruit, Juice

29

NO SCHOOL
Superintendents
Conference Day

30

Breakfast Alternative Daily: Cereal, Milk, Fruit, Juice, Yogurt and Whole Grain Muffin. In the operation of National School Food Programs, no child will be discriminated against because of race, color, national origin, age or disability. If you believe you have been discriminated against, write immediately to the Department of Agriculture. Please note that our menu is subject to change based on availability of food items.