

MAY 2022 NEWCOMB CENTRAL SCHOOL

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Monday

Tuesday

Wednesday

Thursday

Friday

MILK (1% or FF White or Choc.FF) Cottage cheese, Fruit, Broccoli, Mac & Cheese, Roll OR Ham & Cheese Sandwich

MILK (1% or FF White or Choc.FF) Cottage cheese, Fruit, Vegs. Chicken Quesadillas, Rice OR Ham & Cheese Sandwich

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MILK (1% or FF White or Choc.FF) Cottage cheese, Fruit, Chicken/Bun, corn salad, Sweet **Potato Fries** OR Ham & Cheese Sandwich

MILK (1% or FF White or Choc.FF) Cottage Cheese, Fruit Tossed Salad, Goulash, Roll OR Ham & Cheese Sandwich

MILK (1% or FF White or Choc.FF) Cottage cheese, Fruit, Chicken & Veg Noodle Soup, Grilled Cheese OR Ham & Cheese Sandwich

MILK (1% or FF White or Choc.FF) Cottage cheese, Fruit, Broccoli/ranch, Cheese Pizza OR Chicken Salad Sandwich

MILK (1% or FF White or Choc.FF) Cottage cheese, Fruit, Vegs. Rice Bar OR Chicken Salad Sandwich

MILK (1% or FF White or Choc.FF) Cottage cheese, Fruit, Beets BBQ Chicken, Mash Pots OR Chicken Salad Sandwich

MILK (1% or FF White or Choc.FF) Cottage cheese, Fruit, Cuccumbers/ranch Fish Patty, Swt Pot Fries OR Chicken Salad Sandwich

MILK (1% or FF White or Choc.FF) Cottage cheese, Fruit, Veg. Beef & Barley Soup **Grilled Cheese Sandwich** OR Chicken Salad Sandwich

MILK (1% or FF White or Choc.FF) Cottage cheese, Fruit, Vegs. Carrots, Italian Dunkers OR EGG Salad Sandwich

MILK (1% or FF White or Choc.FF) Cottage cheese, Fruit, Vegs. Tacos. Rice OR Egg Salad Sandwich

MILK (1% or FF White or Choc.FF) Cottage cheese, Fruit, Hot Dog/Bun, Baked Beans, Fries OR Egg Salad Sandwich

MILK MILK (1% or FF White or Choc.FF) (1% or FF White or Choc.FF) Cottage cheese, Fruit. Cottage cheese, Fruit, √ossed Salad, Lasagna, Roll Corn Chowder, Gr Cheese OR Egg Salad Sandwich OR Egg Salad Sandwich

MILK (1% or FF White or Choc.FF) Cottage cheese, Fruit, Vegs. Enchilada Bake, Rice OR Chicken Salad Sandwich

MILK (1% or FF White or Choc.FF) Cottage cheese, Fruit, Vegs Sloppy Nachos, Rice OR Chicken salad Sandwich

MILK (1% or FF White or Choc.FF) Cottage cheese, Fruit, BBQ Pulled Pork/Bun, Coleslaw, Chips OR Chicken Salad Sandwich

MILK (1% or FF White or Choc.FF) Cottage cheese, Fruit, Broc. Chse Soup, Gr Cheese OR Chicken Salad Sandwich

NO SCHOOL MEMORIAL DAY

MILK (1% or FF White or Choc.FF) Cottage cheese, Fruit, Deli Sandwich, Pasta Salad, Chips OR Tuna Salad Sandwich

(1% or FF White or Choc.FF) Cottage cheese, Fruit, Roll Salad, Chick Parm, Spaghetti OR Chicken Salad Sandwich

MILK