



LUNCH

MARCH 2022 NEWCOMB CENTRAL SCHOOL

Kitchen Manager: Elle Yandon
eyandon@newcombsd.org
(518)582-3341 Ext #10211

Monday

MILK **7**
(1% or FF White or Choc.FF)
Cottage cheese, Fruit,
Broccoli, Mac & Cheese, Roll
OR Chicken Salad Sandwich

MILK **14**
(1% or FF White or Choc.FF)
Cottage cheese, Fruit,
Broccoli/ranch, Cheese Pizza
OR Egg Salad Sandwich

MILK **28**
(1% or FF White or Choc.FF)
Cottage cheese, Fruit, Veggies,
Carrots, Italian Dunkers
OR Tuna Salad Sandwich

Tuesday

MILK **1**
(1% or FF White or Choc.FF)
Cottage cheese, Fruit, Veggies,
Chicken Quesadillas, Rice
OR Ham & Cheese Sandwich

MILK **8**
(1% or FF White or Choc.FF)
Cottage cheese, Fruit, Veggies,
Rice Bar
OR Chicken Salad Sandwich

MILK **15**
(1% or FF White or Choc.FF)
Cottage cheese, Fruit, Veggies,
Tacos, Rice
OR Egg Salad Sandwich

MILK **22**
(1% or FF White or Choc.FF)
Cottage cheese, Fruit, Roll,
Turkey A-La-King, Mash Pots
OR Turkey Salad Sandwich

MILK **29**
(1% or FF White or Choc.FF)
Cottage cheese, Fruit, Veggies,
Enchilada Bake, Rice
OR Tuna Salad Sandwich

Wednesday

MILK **2**
(1% or FF White or Choc.FF)
Cottage cheese, Fruit,
Hamburger/Bun, corn salad,
Sweet Potato Fries
OR Ham & Cheese Sandwich

MILK **9**
(1% or FF White or Choc.FF)
Cottage cheese, Fruit, Beets
BBQ Chicken, Mash Pots
OR Chicken Salad Sandwich

MILK **16**
(1% or FF White or Choc.FF)
Cottage cheese, Fruit,
Hot Dog/Bun, Baked Beans, Fries
OR Egg Salad Sandwich

MILK **23**
(1% or FF White or Choc.FF)
Cottage cheese, Fruit,
BBQ Pulled Pork/Bun, Coleslaw,
Chips
OR Turkey Salad Sandwich

MILK **30**
(1% or FF White or Choc.FF)
Cottage cheese, Fruit,
Cucumbers/ranch
Fish Patty, Sweet Pot Fries
OR Tuna Salad Sandwich

Thursday

MILK **3**
(1% or FF White or Choc.FF)
Cottage Cheese, Fruit
Tossed Salad, Goulash, Roll
OR Ham & Cheese Sandwich

MILK **10**
(1% or FF White or Choc.FF)
Cottage cheese, Fruit,
Tossed Salad, Lasagna, Roll
OR Chicken Salad Sandwich

MILK **17**
(1% or FF White or Choc.FF)
Cottage cheese, Fruit,
Carrots/Cabbage
Corned Beef & Mash Pots.
OR Egg Salad Sandwich

MILK **24**
(1% or FF White or Choc.FF)
Cottage cheese, Fruit, Roll
Spinach Salad, Spaghetti & meat
OR Turkey Salad Sandwich

MILK **31**
(1% or FF White or Choc.FF)
Cottage cheese, Fruit, Roll
Salad, Chick Parm, Spaghetti
OR Tuna Salad Sandwich

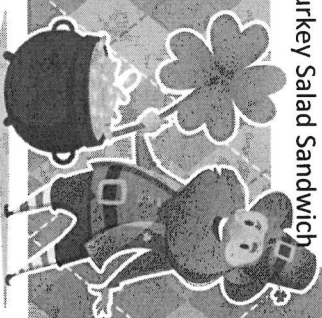
Friday

MILK **4**
(1% or FF White or Choc.FF)
Cottage cheese, Fruit,
Chicken & Veg Noodle Soup,
Grilled Cheese
OR Ham & Cheese Sandwich

MILK **11**
(1% or FF White or Choc.FF)
Cottage cheese, Fruit,
Veg, Beef & Barley Soup
Grilled Cheese Sandwich
OR Chicken Salad Sandwich

MILK **18**
NO SCHOOL

MILK **25**
(1% or FF White or Choc.FF)
Cottage cheese, Fruit,
Broc. Chse Soup, Gr Cheese
OR Turkey Salad Sandwich



LUNCH ALTERNATIVE DAILY: Sun butter & jelly sandwich or sandwich of the week, milk, cheese stick, fruit & veg. In the operation of child feeding programs, no child will be discriminated against because of race, color, national origin, age or disability. If you believe you have been discriminated against, write immediately to the Department of Agriculture. Please note that our menu is subject to change based on availability of food items.