

NOVEMBER 2021 NEWCOMB CENTRAL

Cafeteria Manager: Ellie Yandon
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(518)582-3341 Ext #1021

Monday	Tuesday	Wednesday	Thursday	Friday
Milk 1% or FF, Yogurt Juice, Fruit 51% WG Muffin Cereal OR Oatmeal 1	Milk 1% or FF, Yogurt Juice, Fruit 51% WG Muffin Cereal 2	Milk 1% or FF, Yogurt Juice, Fruit 51% WG Muffin Cereal OR Bagels & Cream Cheese 3	Milk 1% or FF, Yogurt Juice, Fruit 51% WG Muffin Cereal OR Egg Burrito Bake w/Sausage 4	Milk 1% or FF, Yogurt Juice, Fruit 51% WG Muffin Cereal OR French Toast & Sausage 5
Milk 1% or FF, Yogurt Juice, Fruit 51% WG Muffin Cereal OR Oatmeal 8	Milk 1% or FF, Yogurt Juice, Fruit 51% WG Muffin Cereal OR Scrambled Eggs w/Cheese 9	Milk 1% or FF, Yogurt Juice, Fruit 51% WG Muffin Cereal OR Bagels & Cream Cheese 10	NO SCHOOL VETERANS DAY 11	Milk 1% or FF, Yogurt Juice, Fruit 51% WG Muffin Cereal OR Waffles & Sausage 12
Milk 1% or FF, Yogurt Juice, Fruit 51% WG Muffin Cereal OR Oatmeal 15	Milk 1% or FF, Yogurt Juice, Fruit 51% WG Muffin Cereal OR Spanish Egg & Cheese Bake 16	Milk 1% or FF, Yogurt Juice, Fruit 51% WG Muffin Cereal OR Bagels & Cream Cheese 17	Milk 1% or FF, Yogurt Juice, Fruit 51% WG Muffin Cereal OR Husky Sand w/Tky Bacon 18	Milk 1% or FF, Yogurt Juice, Fruit 51% WG Muffin Cereal OR Pancakes & Sausage 19
Milk 1% or FF, Yogurt Juice, Fruit 51% WG Muffin Cereal OR Oatmeal 22	Milk 1% or FF, Yogurt Juice, Fruit 51% WG Muffin Cereal OR Quiche (Egg & Biscuit Bake) 23	NO SCHOOL 24	NO SCHOOL THANKSGIVING 25	NO SCHOOL 26
Milk 1% or FF, Yogurt Juice, Fruit 51% WG Muffin Cereal OR Oatmeal 29	Milk 1% or FF, Yogurt Juice, Fruit 51% WG Muffin Cereal OR Scrambled Eggs w/Cheese 30			

BREAKFAST ALTERNATIVE DAILY: Whole Grain cold Cereal, Milk, Fruit Juice, Fruit, and Homemade 51% Whole grain Muffin. In the operation of child feeding programs, no child will be discriminated against because of race, color, national origin, age or disability. If you believe you have been discriminated against, write immediately to the Department of Agriculture. Please note that our menu is subject to change based on availability of food items.

