BREAKFAST

OCTOBER 2021 NEWCOMB CENTRAL SCHOOL

Cafeteria Manager: Ellie Yandon eyandon@newcombcsd.org (518)582-3341 Ext #1021

+	Monday	Tuesday	Wednesday	Thursday	Friday
					Milk 1% or FF, Yogurt Juice, Fruit 51% WG Muffin Cereal OR Waffles & Sausage
M	Ailk 1% or FF, Yogurt 4 Juice, Fruit 51% WG Muffin Cereal OR Oatmeal	Milk 1% or FF, Yogurt 5 Juice, Fruit 51% WG Muffin Cereal OR Spanish Egg & Cheese Bake	Milk 1% or FF, Yogurt Juice, Fruit 51% WG Muffin Cereal OR Bagels & Cream Cheese	Milk 1% or FF, Yogurt 7 Juice, Fruit 51% WG Muffin Cereal OR Breakfast Pizza w/Tky Bacon	8 NO SCHOOL SUPERINTENDANT CONFRENCE DAY
	NO SCHOOL COLUMBUS DAY	Milk 1% or FF, Yogurt Juice, Fruit 51% WG Muffin Cereal OR Quiche (Egg & Biscuit Bake)	Milk 1% or FF, Yogurt Juice, Fruit 51% WG Muffin Cereal OR Bagels & Cream Cheese	Milk 1% or FF, Yogurt 14 Juice, Fruit 51% WG Muffin Cereal OR Egg Burrito Bake w/Sausage	Milk 1% or FF, Yogurt 15 Juice, Fruit 51% WG Muffin Cereal OR French Toast & Sausage
M	Ailk 1% or FF, Yogur <mark>t 18</mark> Juice, Fruit 51% WG Muffin Cereal OR Oatmeal	Milk 1% or FF, Yogurt Juice, Fruit 51% WG Muffin Cereal OR Scrambled Eggs w/Cheese	Milk 1% or FF, Yogurt 20 Juice, Fruit 51% WG Muffin Cereal OR Bagels & Cream Cheese	Milk 1% or FF, Yogurt Juice, Fruit 51% WG Muffin Cereal OR Husky Sand w/Tky Bacon	Milk 1% or FF, Yogurt 22 Juice, Fruit 51% WG Muffin Cereal OR Waffles & Sausage
M	Ailk 1% or FF, Yogurt 25 Juice, Fruit 51% WG Muffin Cereal OR Oatmeal	Milk 1% or FF, Yogurt 26 Juice, Fruit 51% WG Muffin Cereal OR Spanish Egg & Cheese Bake	Milk 1% or FF, Yogurt 27 Juice, Fruit 51% WG Muffin Cereal OR Bagels & Cream Cheese	Milk 1% or FF, Yogurt 28 Juice, Fruit 51% WG Muffin Cereal OR Breakfast Pizza w/Tky Bacon	Milk 1% or FF, Yogurt 29 Juice, Fruit 51% WG Muffin Cereal OR Pancakes & Sausage

BREAKFAST ALTERNATIVE DAILY: Whole Grain cold Cereal, Milk, Fruit Juice, Fruit, and Homemade 51% Whole grain Muffin. In the operation of child feeding programs, no child will be discriminated against because of race, color, national origin, age or disability. If you believe you have been discriminated against, write immediately to the Department of Agriculture. Please note that our menu is subject to change based on availability of food items.

