

OCTOBER 2021

NEWCOMB CENTRAL SCHOOL

Cafeteria Manager: Ellie Yandon eyandon@newcombcsd.org 518)582-3341 Ext #1021

Tuesday Monday Wednesday **Thursday** Friday Milk/white 1% or FF or Chocolate FF Cottage cheese, Fruit, Corn Chowder w/ Bacon Grilled Cheese or Tuna Sand Milk/white 1% or FF or Chocolate FF Chocolate FF Chocolate FF Chocolate FF **NO SCHOOL** Cottage cheese, Fruit, Veg Cottage cheese, Fruit, Veg Cottage cheese, Fruit, Veg Cottage cheese, Fruit, Veg **SUPERINTENDENT** Turkey sub w/lettuce, Beef and Bean Burrito, Rice Beef Stroganoff/Egg Noodles Vegetable Bean Chili & Corn Tomato, Cheese **CONFRENCE DAY** Bread OR Egg Salad Sand OR Egg Salad Sand Roll OR Egg Salad Sand OR Egg Salad Sand Milk/white 1% or FF or Chocolate FF Chocolate FF Chocolate FF Chocolate FF **NO SCHOOL** Cottage cheese, Fruit, Veg Cottage cheese, Fruit, Veg Cottage cheese, Fruit, Veg Cottage cheese, Fruit, Hamburger & Bun with **COLUMBUS DAY** Tomato Soup & Grilled Chicken Tacos & Rice Chicken & Biscuits, Mash Pot. Sweet Potato Fries or OR Egg Salad Sand OR Egg Salad Sand cheese or **Egg Salad Sand** Milk/white 1% or FF Milk/white 1% or FF or Or Chocolate FF Chocolate FF Chocolate FF Chocolate FF Chocolate FF Cottage cheese, Fruit, Veg Cottage cheese, Fruit, Veg Cottage cheese, Fruit, Veg Cottage cheese, Fruit, Cottage cheese, Fruit, Veg Roll, Spaghetti & Meat Sauce Veg. & Cheese Pizza Chicken Quesadillas, Rice Turkey A-La-King Broccoli & Cheese Soup & OR Turkey Salad Sandwich Or Turkey Salad Sandwich OR Turkey Salad Sandwich OR Turkey Salad Sandwich **Turkey Salad Sandwich** Milk/white 1% or FF or Chocolate FFM Chocolate FF Chocolate FF Chocolate FF Chocolate FF Cottage cheese, Fruit, Cottage cheese, Fruit, Veg Cottage cheese, Fruit, Veg Cottage cheese, Fruit, Veg Cottage cheese, Fruit, Veg Chick Noodle Soup &grilled Mac N Cheese Spinach Lasagna w/Meat OR **Italian Dunkers** Sloppy Nachos, Rice cheese Sand or Bologna Trky Bologna &cheese Sand. Trky Bologna &cheese Sand. Trky Bologna &cheese Sand. Trky Bologna &cheese Sand. &Cheese

LUNCH ALTERNATIVE DAILY: Wow Butter& Jelly Sandwich or Sandwich of the week. Milk, Cheese Stick, Fruit & veg. In the operation of child feeding programs, no child will be discriminated against because of race, color, national origin, age or disability. If you believe you have been discriminated against, write immediately to the Department of Agriculture. Please note that our menu is subject to change based on availability of food items.

