

# MARCH LUNCH MENU 2021

Monday	Tuesday	Wednesday	Thursday	Friday
Milk 1% or FF 1 (white or Choc) Fruit-variety Veg-Romaine Salad Lasagna w/Cheese Garlic Bread or Ham salad Sandwich	Milk 1% or FF 2 (white or Choc) Fruit-variety veg-Corn Chicken & Bean Enchilada Bake Brown Rice or Ham salad Sandwich	Milk 1% or FF 3 (white or Choc) Fruit-variety Veg-Carrot Sticks Spaghetti w/ Meat- Sauce, dinner roll or Ham salad Sandwich	Milk 1% or FF 4 (white or Choc) Fruit-variety Veg-Harvard Beets Baked Chicken Mashed Potatoes or or Ham Salad Sandwich	Milk 1% or FF 5 (white or Choc) Fruit-Variety Veg-Broccoli/ranch Chicken Noodle Soup Grilled Cheese Sandwich Ham Salad Sand
Milk 1% or FF 8 (white or Choc) Fruit-Variety Veg-Romaine Salad Ravioli & Sauce Cottage cheese Garlic Bread or Bologna Sandwich	Milk 1% or FF 9 (white or Choc) Fruit-Variety Veg-Corn ,Black Beans Brown Rice Bar(Chicken, Salsa, Cheese sauce) or Bologna Sandwich	Milk 1% or FF 10 (white or Choc) Fruit-Variety Veg-Baked Beans Fries Hamburger/cheese & Bun or Bologna Sandwich	Milk 1% or FF 11 (white or Choc) Fruit-Variety Veg-Green Beans Porcupine Balls, Mash Potato Dinner Roll or Bologna Sandwich Fruit-	Milk 1% or FF 12 (white or Choc) Fruit-Variety Veg-Carrots/ranch Veg.Beef & Barley Soup Grilled Cheese Sandwich or Bologna Sandwich
Milk 1% or FF 15 (white or Choc) Fruit-variety Veg-Harvard-Beets BBQ Chicken Mashed Sweet Potatoes or Chicken Salad Sandwich	Milk 1% or FF 16 (white or Choc) Fruit-variety Veg- Refried Beans *Taco Toppings* Beef Tacos Brown Rice or Chicken Salad Sandwich	Milk 1% or FF 17 (white or Choc) Fruit-variety Veg-Corn Chili w/beans & Meat Brown Rice Corn Bread or Chicken Salad Sand	Milk 1% or FF 18 (white or Choc) Fruit- variety Veg- Broccoli or Corn Baked Potato Bar (Chilli, Cheese sauce, Chicken, Sour Cream) Dinner Roll or Chicken Salad Sandwich	Milk 1% or FF 19 (white or Choc) Fruit-variety Veg-cucumbers/Ranch Broccoli Cheddar Soup Grilled Cheese Sand or or Chicken Salad Sandwich
Milk 1% or FF 22 (white or Choc) Fruit-variety Veg-Romaine Salad Pepperoni or BBQ Chicken Pizza or Egg Salad Sandwich	Milk 1% or FF 23 (white or Choc) Fruit-variety Veg-Cowboy Corn Salad Chicken Quesadillas Brown Rice or Egg Salad Sandwich	Milk 1% or FF 24 (white or Choc) Fruit-variety Chicken & Broccoli Alfredo Over Noodles Dinner Roll or Egg Salad Sandwich	Milk 1% or FF 25 (white or Choc) Fruit-variety Veg-Cucumbers & Ranch Turkey Subs, Chips or Egg Salad Sandwich	Milk 1% or FF 26 (white or Choc) Fruit-variety Veg-Celery/Ranch Corn Chowder, Grilled Cheese Sandwich or Egg Salad Sandwich
Milk 1% or FF 29 (white or Choc) Fruit-variety Veg-Broccoli Mac N Cheese w/chicken Dinner Roll or Tuna Salad Sandwich	Milk 1% or FF 30 (white or Choc) Fruit-variety Veg-Black beans Sloppy Nachos Brown Rice or Tuna Salad Sandwich	Milk 1% or FF 31 (white or Choc) Fruit-variety Veg-Carrot Sticks/ranch Chicken Patty & Bun Tater Tots or Tuna Salad Sandwich		

**LUNCH ALTERNATIVE DAILY: 51% Whole Grain Sandwich(meat and/or egg or WOW butter&Jelly),Milk, Fruit, Vegetable and Cheese Stick. In the operation of child feeding programs, no child will be discriminated against because of race, color, national origin, age or disability. If you believe you have been discriminated against, write immediately to the Department of Agriculture. Please note that our menu is subject to change based on availability of food items.**

**Newcomb Central School currently participates in the federally funded, state administered Summer Food Service Program (SFSP) which has been extended for the 2020-2021 School Year. This program provides free breakfast and lunch to all students. Students who are learning remotely are eligible and should contact the school at (518) 582-3341 for more information.**