

September Breakfast 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Milk 1% or Fat Free 100% Fruit Juice Fruit 51% WG Muffin Scrambled eggs & Sausage	2 Milk 1% or Fat Free 100% Fruit Juice Fruit 51% WG Muffin Yogurt & Granola Bagel&Crm Cheese	3 Milk 1% or Fat Free 100% Fruit Juice Fruit 51% WG Muffin Breakfast Pizza	4 Milk 1% or Fat Free 100% Fruit Juice Fruit 51% WG Muffin Pancakes & Sausage, syrup	5
6	7 Milk 1% or Fat Free 100% Fruit Juice Fruit 51% WG Muffin Oatmeal (variety of toppings)	8 Milk 1% or Fat Free 100% Fruit Juice Fruit 51% WG Muffin BreakFast Bowl (Scr. Eggs,Hash browns,sausage, cheese)Salsa	9 Milk 1% or Fat Free 100% Fruit Juice Fruit 51% WG Muffin Yogurt & Granola Bagel&Crm Cheese	10 Milk 1% or Fat Free 100% Fruit Juice Fruit 51% WG Muffin Breakfast Burritos Salsa	11 Milk 1% or Fat Free 100% Fruit Juice Fruit 51% WG Muffin Frnch Toast Strata w/sausage Syrup	12
13	14 Milk 1% or Fat Free 100% Fruit Juice Fruit 51% WG Muffin Oatmeal (variety of toppings)	15 Milk 1% or Fat Free 100% Fruit Juice Fruit 51% WG Muffin Egg&Cheese Omelet (onions & peppers on side)	16 Milk 1% or Fat Free 100% Fruit Juice Fruit 51% WG Muffin Yogurt & Granola Bagel&Crm Cheese	17 Milk 1% or Fat Free 100% Fruit Juice Fruit 51% WG Muffin	18 Milk 1% or Fat Free 100% Fruit Juice Fruit 51% WG Muffin Waffles & Sausage syrup	19
20	21 Milk 1% or Fat Free 100% Fruit Juice Fruit 51% WG Muffin Oatmeal (variety of toppings)	22 Milk 1% or Fat Free 100% Fruit Juice Fruit 51% WG Muffin Scrambled eggs & Sausage	23 Milk 1% or Fat Free 100% Fruit Juice Fruit 51% WG Muffin Yogurt & Granola Bagel&Crm Cheese	24 Milk 1% or Fat Free 100% Fruit Juice Fruit 51% WG Muffin Breakfast Pizza	25 Milk 1% or Fat Free 100% Fruit Juice Fruit 51% WG Muffin Pancakes & Sausage, syrup	26
27	28 Milk 1% or Fat Free 100% Fruit Juice Fruit 51% WG Muffin Oatmeal (variety of toppings)	29 Milk 1% or Fat Free 100% Fruit Juice Fruit 51% WG Muffin BreakFast Bowl (Scr. Eggs,Hash browns,sausage, cheese)Salsa	30 Milk 1% or Fat Free 100% Fruit Juice Fruit 51% WG Muffin Yogurt & Granola Bagel&Crm Cheese			

BREAKFAST ALTERNATIVE DAILY: Whole Grain cold Cereal, Milk, Fruit Juice, Fruit, and Homemade 51% Whole grain Muffin. In the operation of child feeding programs, no child will be discriminated against because of race, color, national origin, age or disability. If you believe you have been discriminated against, write immediately to the Department of Agriculture. Please note that our menu is subject to change based on availability of food items.